## Specific health checks.



# **Colon Health**

Using a specialised CT scan to create images of your bowel, we look for signs of bowel cancer and polyps. Polyps are small growths that may need monitoring and sometimes removing.





### **Recommended for:**

- Men and women aged 45 and over\*
- Those who are low risk (used as an initial screening)

\*Not recommended for those with symptoms and/or a strong family history of bowel cancer. Alternative tests may be more appropriate.



#### **Times**

- In-centre consultation up to 30 minutes
- Scan times may vary
- Phone or face-to-face conversation with a Bupa doctor (around two weeks later) - 15 minutes



#### What's included?

- Pre-check information pack
- Doctor consultation to talk through any concerns and your suitability for the scan
- CT scan of colon and rectum
  if appropriate. Note: this may take
  place at a different location and on
  a separate day to your consultation
- If it's not possible to go ahead with the scan, the doctor will offer advice and a referral if needed
- Conversation with a Bupa doctor on the test results. They'll also run through next steps if necessary