Making Space for Miscarriage



Up to a quarter of pregnancies end in a loss, and some estimate that as many as 50 percent of women will experience miscarriage at some point in their lifetime.

But knowing that miscarriage is common doesn't make going through it any easier. At Maven, we believe in giving women a safe space: to grieve, to talk — and, ultimately, to heal.

If you're experiencing the pain of a loss, know this most of all: you're not alone.

How Maven Can Help

On-Demand Care with Experts in Loss

Mental health
providers, maternalfetal medicine
OB-GYNs, wellness
coaches and more

Individual Support with a Dedicated Care Advocate

Resources, referrals, and compassion for wherever you are in your journey

A Supportive Community

Connect with others going through similar experiences



If you've experienced a loss, opening up can help. And it's normal to need more support than your inner circle can provide. On Maven, you can speak to practitioners over video call, or message them if texting feels like a more comfortable place to start.

We're here to support you

Maven provides support for healing and recovery — at your pace, and on your terms.

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