

## Use our services - your family members too<sup>1</sup>



An  
overview  
of OHI  
services



### **Allianz relieves pain**

Fast assistance, e.g. for back, knee or shoulder problems



### **24/7 medical hotline**

From independent experts – over the phone around the clock



### **24/7 Medical video consultation**

Digital consultation with a general practitioner or specialist – around the clock



### **Specialist referrals**

Prompt appointments with a specialist near you – without long waiting periods.



### **OHI Health World**

Access to all health services and everything related to health.

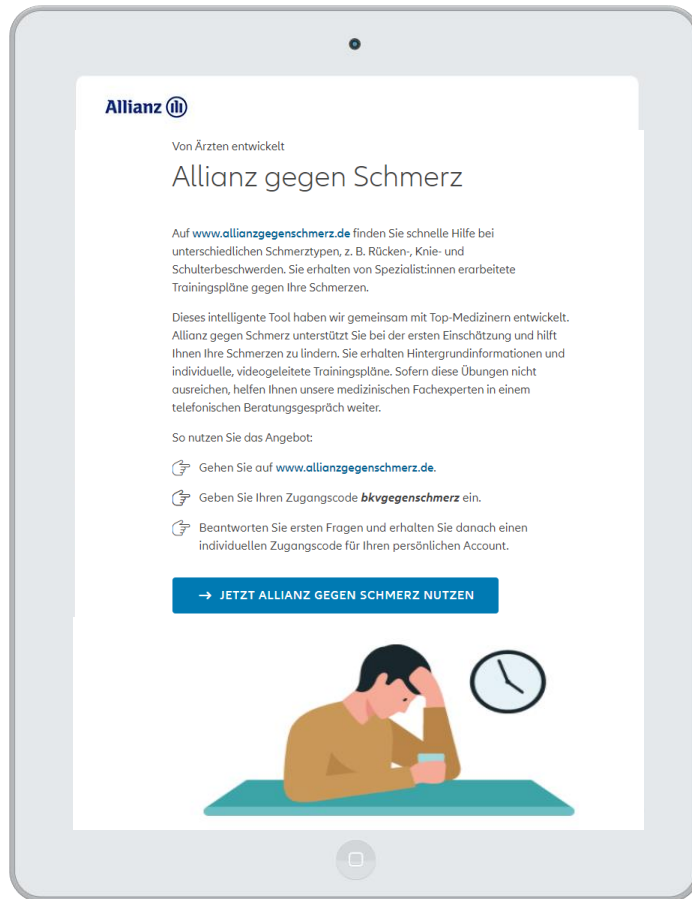
### **Allianz Health App**

Smart, fast and secure – submit invoices via smartphone or tablet.

<sup>1</sup> Relatives who can use the services include: spouses and partners, parents or children, grandparents and parents-in-law

# Allianz relieves pain

Rapid assistance for different types of pain.



## ADVANTAGE

Easy access to help with pain – for a fast recovery.

Online tools to alleviate pain.

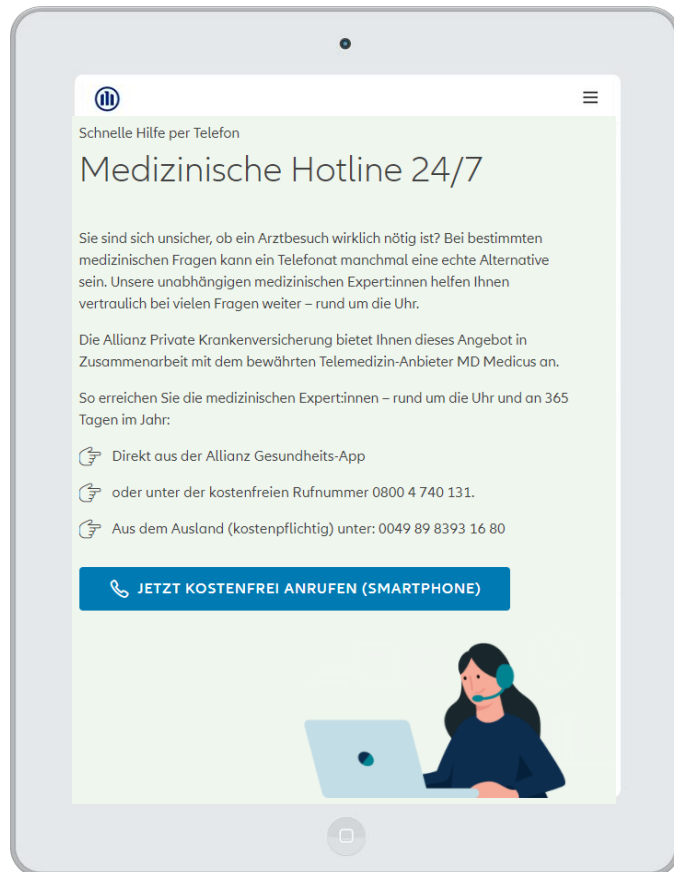
[gesundheitswelt.allianz.de/bkv](https://gesundheitswelt.allianz.de/bkv)

**Free Extra  
for all  
OHI policyholders.**

- ✓ Training plans developed by **specialists** to combat pain.
- ✓ E.g. back, knee and shoulder complaints, nutrition, wellness, and health.
- ✓ Pain relief in three steps at [www.allianzgegenschmerz.de](https://www.allianzgegenschmerz.de).
- ✓ Find the right doctor quickly for serious problems.

# 24/7 medical hotline

Are you unsure whether a visit to the doctor is really necessary?



## ADVANTAGE

An alternative to visiting a doctor – around the clock.

Quick clarification of whether an appointment needs to be made with a doctor. This creates more freedom and flexibility.

- ✓ Independent **medical experts** can **help** with many questions in confidence.
- ✓ Directly from the Allianz Health App or by calling 0800 4 740 131
- ✓ **24 hours a day – every day.**
- ✓ Questions handled confidentially.

## 24/7 medical video consultation

In addition to a traditional visit to the doctor, you can also use the app or telephone to obtain advice from medical experts.



### ADVANTAGE

You can clarify medical issues and keep a clear head.

Uncomplicated clarification of many medical issues from the comfort of your own home. This creates more freedom and flexibility.

- ✓ **Simply see the doctor when it suits you.** No waiting period or waiting room at all.
- ✓ **Digital consultation** with a recognised general practitioner or specialist, including diagnosis and therapy. And private prescriptions when needed!
- ✓ Fill out the form in the Allianz Health App or at [gesundheitswelt.allianz.de/bkv](https://gesundheitswelt.allianz.de/bkv), specifying the desired date/time. Receive appointment confirmation with the link to the video consultation.
- ✓ **24 hours a day – every day.**

# Specialist referrals

We will quickly arrange an appointment with a qualified specialist near you.



## ADVANTAGE

Medical treatment can begin earlier – meaning a faster recovery.

No long waiting periods for specialist appointments.

- ✓ Easy search for **local specialists**.
- ✓ Directly from the Allianz Health App or by calling 0800 4 740 131
- ✓ Medical experts will take care of your appointment and send you your appointment confirmation.
- ✓ No long waiting periods.

# Allianz Health App

Smart, fast, secure – with the Allianz Health App, you can easily submit bills from your smartphone or tablet and track the processing status.



## ADVANTAGE

You can use modern communication channels and have more time for what's important.

Save time and postage when submitting your bills and get your money back faster digitally.

**Free Extra  
for all  
OHI policyholders.**

✓ **Digital submission** of bills and medicine prescriptions – **from your smartphone or tablet.**

✓ Quickly and easily with the **Allianz Health App.**



Download the Allianz Health App now.



✓ Track the **processing status** with the app.

✓ View **all correspondence** – regardless of the communication channel.

✓ Access to **health services.**

# Allianz Health World

The Allianz Health World portal gives you access to a full range of health services and all health-related topics.



## ADVANTAGE

Interesting information on relevant topics such as stress management and back pain.

You will find a guide and offers for an active life.

[gesundheitswelt.allianz.de/bkv](https://gesundheitswelt.allianz.de/bkv)

**Free Extra  
for all  
OHI policyholders.**

- ✓ **Everything to do with health.**
- ✓ **For example, on well-being, fitness, nutrition, work/life balance, and occupational health and safety.**
- ✓ **With videos, podcasts, guides, and contributions from experts in occupational health management.**
- ✓ **We also keep you up-to-date on digital applications. For even better health at work and at home!**