

List of Health Services

In this document, the term "Medical Facilities indicated by LUX MED" shall mean Own Facilities LUX MED, Medycyna Rodzinna or Cooperating Facilities (in accordance with the Agreement) listed at www.luxmed.pl, which are competent for providing specific services as part of the Agreement on the Provision of Health Services for Companies.

Comprehensive Package – Employees, Family Members

Occupational medicine

LUX MED offers coordination of occupational medicine activities for the Employees of the Principal. For the purposes of occupational medicine, LUX MED offers access to:

Occupational Medicine Registration Centre – a separate hotline dedicated to booking occupational medicine examinations throughout Poland was created specifically for the purposes of occupational health services;

Occupational Medicine Department – a separate team in terms of premises and personnel at a medical facility dedicated to providing occupational health services;

Basic legal acts on preventive healthcare services provided to working persons:

- Labour Code Act of 26 June 1974
- Act on Occupational Medicine Service of 27 June 1997
- Regulation of the Minister of Health and Social Welfare of 30 May 1996 on medical examinations of employees, the scope of preventive healthcare for employees and medical certificates issued for the purposes set forth in the Labour Code
- Act on Preventing and Counteracting Infections and Infectious Diseases in Humans of 5 December 2008

Examinations allowing performance of professional activities:

Preliminary examinations – are carried out prior to commencing work, after changing positions at work, if new risks occur, or if a new risk occurs at a given position

Periodic examinations – are carried out in the case of Employees working in a given position, whose previous medical certificate of fitness to work expired

Follow-up examinations – are carried out in the case of each Employee who stayed on sick leave for longer than 30 days. These examinations aim at stating absence of contraindications to work in a given position. Medical certificates of Employee's fitness to work are issued by authorised physicians. The Employer cannot allow any Employee without a valid medical certificate stating absence of contraindications to work in a given position. Liability for allowing an Employee without valid medical examinations to work will burden the Employer, not the Employee. As part of preliminary, periodic, and follow-up examinations, an Occupational Medicine Specialist performs or refers the patient for examinations that are necessary to issue to the Employee a medical certificate of fitness to work in a given position in accordance with the Labour Code requirements, including sanitary and epidemiological examination.

Sanitary and epidemiological examination – includes tests (smears) for the presence of Salmonella and Shigella pathogens.

What is more, LUX MED shall provide the following services to the Contracting Party for an additional charge and in accordance with the price-list of services (FFS) applicable on the day of the service order made by the Contracting Party:

- Analysis of workstations – occupational medicine specialist, occupational medicine nurse;
- Participation of an Occupational Medicine Specialist in the company OHS committees;
- Preparation of opinions for the purposes of the accident committee;
- Assistance in determining the composition of a first aid kit;

The prices of the above-mentioned services are included in the Request form, enclosed as an **appendix** to the Agreement and available on the LUX MED website at https://www.luxmed.pl/assets/media/Medycyna_Pracy_zgloszenie_zapotrzebowania.pdf

Note:

The employer files a request for the participation of the occupational medicine doctor in the OHS Commission and occupational risk assessment team. The request should be submitted at least two weeks in advance for own facilities and three weeks in advance for subcontractor facilities before the date of the Commission's meeting (required in order for the occupational medicine doctor to book the date in their schedule).

Occupational Medicine e-Referrals



The Service includes access to the Portal for Occupational Medicine e-Referrals, a system for electronic management of referrals for occupational medicine examinations, which makes it possible to:

- a. issue referrals for occupational medicine examinations in electronic form, including their approval with an electronic signature verified by way of a valid qualified certificate by persons authorised by the Principal;
- b. notify an Employee of the Principal via SMS about the fact that a referral for an occupational medicine examination has been issued;
- c. send a referral for an occupational medicine examination via electronic mail to an Employee of the Principal;
- d. inform the persons authorised by the Principal about the stage of implementation of the occupational medicine examinations;
- e. monitor the validity of the issued medical statements, including send reminders about the need to issue referrals for periodic examinations and check-ups of employees
- f. create and manage position templates

Healthcare specialists consultations – basic option

The service covers unlimited consultations in outpatient Medical Facilities indicated by LUX MED in the following situations: an illness and emergency medical assistance.

The service includes: medical history taking, physician's advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment and refers to consultations within the following scope:

- Internal medicine
- Paediatrics
- Family doctor

Note:

The service Healthcare specialists consultations – basic option does not include consultation of physicians on duty, physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor).

Healthcare specialists consultations – option IV

The service covers an unlimited access to consultations with physicians in outpatient Medical Facilities indicated by LUX MED in such cases as onset of an illness, emergency medical assistance and general medical advice. Specialist consultations include an interview, advice by a specialist along with the basic activities necessary to make the diagnosis, taking the appropriate therapeutic decision and treatment monitoring.

For the:

Patients over 18 years of age – visits without a referral relate to consultations within the following scope:

- allergology
- general surgery
- dermatology
- diabetology
- endocrinology
- gastroenterology
- gynaecology
- gynaecological endocrinology
- haematology
- cardiology
- laryngology
- nephrology
- neurology
- ophthalmology
- oncology
- orthopaedics
- proctology
- pulmonology
- rheumatology
- urology

Patients up to 18 years of age – visits without a referral relate to consultations within the following scope:

- surgery
- dermatology
- gynaecology (from the age of 16)
- neurology
- ophthalmology
- orthopaedics
- laryngology

Patients over 18 years of age – visits require a referral from a physician from outpatient medical facility indicated by LUX MED and relate to consultations within the following scope:

- anaesthesiology
- angiology
- audiology
- balneology and physical medicine
- vascular surgery
- surgical oncology
- infectious diseases
- phlebology
- phoniatriy
- geriatrics
- gynaecologic oncology
- hepatology
- hypertension therapy
- immunology
- travel medicine
- neurosurgery
- medical rehabilitation

Patients up to 18 years of age – visits require a referral from a LUX MED physician and relate to consultations within the following

- allergology
- anaesthesiology
- infectious diseases
- diabetology
- endocrinology
- gastroenterology
- gynaecology (under 16)
- haematology
- immunology
- cardiology
- travel medicine
- nephrology
- neonatology
- neurosurgery
- oncology
- pulmonology
- medical rehabilitation doctor
- rheumatology
- urology

Note:

The service Healthcare specialists consultations – option IV does not include consultation of physicians on duty, physicians with the degree of “doktor habilitowany” (associate professor) or the scientific title of “profesor” (professor) as well as physicians holding the positions of “docent” (assistant professor), “profesor nadzwyczajny” (associate professor) and “profesor zwyczajny” (full professor). Other consultations are also paid.

Dietician consultations - option I

The service entitles the Patient to attend 3 dietary consultations within a 12-month term of the agreement, including interview, dietary recommendations (without creating an individual diet) in outpatient Medical Facilities indicated by LUX MED.

For the:

Patients over 18 years of age – visits without a referral

Patients up to 18 years of age – visits require a referral from a physician employed by an outpatient Medical Facility indicated by LUX MED.

Specialists consultations: psychiatrist, psychologist, andrologist, sex therapist, speech therapist

The service entitles the Patient to attend a total of 3 consultations within a 12-month term of the agreement in outpatient Medical Facilities indicated by LUX MED, within the following scope:

For the:

Patients over 18 years of age – visits without a referral relate to consultations within the following scope:

- psychiatry
- psychology
- sex therapy
- andrology
- speech therapy

Patients up to 18 years of age – visits without a referral relate to consultations within the following scope:

- psychiatry
- psychology
- speech therapy

Note:

This includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include professor consultations, neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.

Nursing procedures

Services including basic measurements, minor procedures, including diagnostic ones, performed by a nurse or midwife on their own or according to the physician's order, in line with their competences, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

Nursing procedures include:

Outpatient nursing procedures:

- Intravenous injection
- Subcutaneous/intramuscular injection
- Emergency drip administration

- oral medicine administration in emergency cases
- Body temperature measurement (no referral needed)
- Placement/change/removal - small dressing
- Blood drawing
- Blood pressure measurement (no referral needed)
- Height and body weight measurement (no referral needed)
- Office-based midwife service – palpation of the breast

Note:

Medical materials and products, such as: dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.

On-duty physician consultations – option II

The service includes exclusively basic emergency assistance in a sudden onset of an illness or in injuries requiring initial dressing which have occurred within 24 hours preceding the receipt of a consultation request by LUX MED. On-duty doctors are available within the working hours of outpatient Medical Facilities indicated by LUX MED separately, only on the day of reporting it.

The service does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended).

The service includes: medical history taking, physician's advice and basic procedures necessary for making an initial diagnosis, taking an appropriate therapeutic decision and refers to consultations within the following scope (provided that the consultations are available in the facility):

- Internal medicine
- Paediatrics
- Family doctor

Patients over 18 years of age, additionally (if the consultations are available in the clinic):

- general surgery
- orthopaedics

Professor consultations

The service entitles the Patient with a referral issued by a physician from an outpatient Medical Facility indicated by LUX MED to use the consultations of physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor). The service (if available in outpatient Medical Facilities indicated by LUX MED) covers the same range of consultations which the Patient is entitled to on the grounds of the Agreement within the Specialists consultations in options: basic, basic - with co-payment, I, I - with co-payment, I plus, I plus- with co-payment, II, II - with co-payment, II plus, II plus - with co-payment, III or IV.

Professor consultations: psychiatrist, psychologist

The service entitles the Patient to attend 3 consultations within a 12-month term of the agreement: Consultations of physicians or psychologists with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor), as well as physicians or psychologists holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor) who receive patients in outpatient Medical Facilities indicated by LUX MED, within the following scope:

- psychiatry
- psychology

The service is available with a referral issued by a physician from an outpatient Medical Facility indicated by LUX MED and includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.

Outpatient procedures – option IV

The services including basic measurements and procedures (including the diagnostic ones) not requiring hospitalisation and operating room regimen. Performed in accordance with the competences by a physician or a nurse or an obstetrician during a procedure-specific consultation or beyond the medical consultation, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

Outpatient procedures include:

Outpatient general medical procedures:

- Blood pressure measurement
- Height and body weight measurement
- Non-surgical tick removal

Outpatient surgical procedures:

- Suturing of a wound up to 1,5 cm (we do not remove stitches after childbirth)
- Surgical tick removal
- Non-surgical tick removal
- Placement/change/removal – small dressing (not requiring surgical debridement)
- Removal of another foreign body without incision
- Suture removal in a treatment room after procedures performed in outpatient Medical Facilities indicated by LUX MED
- Suture removal after procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the doctor's assessment
- stitching a wound of up to 3 cm (in emergency situations requiring immediate help);
- Removal of a boil / small skin abscess (up to 2 cm).
- Classical surgical excision of a skin lesion of up to 1,5 cm due to medical indications (does not include lesions excised due to aesthetic, plastic indications) with standard histopathological examination – specimen from the skin lesion removed
- Skin procedure – removal of a foreign body, with wound debridement
- (removal of a foreign body from the skin with wound debridement)
- Sampling of skin tissue for specialist examination
- Wound cleansing / excision
- Skin procedure – incision of haematoma / abscess, with drainage
- Nail surgery – cleaning / removal
- Ingrown nail procedure (onychoplasty) – bilateral
- Ingrown nail procedure (onychoplasty) – unilateral

Outpatient laryngological procedures:

- Eustachian tube examination, insufflation
- Catheterisation of the Eustachian tube
- Ear irrigation
- Removal of a foreign body from the nose/ear
- Simple laryngological dressing
- Coagulation of blood vessels of the nasal septum
- Electrocoagulation of blood vessels of the nasal septum
- Nasal tamponade removal
- Bilateral dressing of nasal hemorrhage
- Unilateral dressing of nasal hemorrhage
- Suture removal in a treatment room after laryngological procedures performed in outpatient Medical Facilities indicated by LUX MED
- Suture removal after laryngological procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the doctor's assessment;
- Nasal administration of mucosa-shrinking medicine as needed
- Application/change/removal of a drain in the ear canal
- Laryngeal clysis
- Incision of the lingual frenulum in the oral cavity
- Incision of haematomas of the nasal septum
- Incision of auricular haematomas
- Sinus puncture
- Cryosurgery (does not include snoring therapy)
- Closed reduction of the nose
- obliteration of varicose veins at the base of tongue;
- Pretz sinus rinse
- Sinus rinse

Outpatient ophthalmologic procedures:

- Standard* ocular fundus examination
- Corrective lens selection (excludes varifocal lenses)
- Gonioscopy (iridocorneal angle assessment)
- Removal of a foreign body from the eye
- Visual acuity examination
- Standard* autorefractometry
- Medicine instillation into the conjunctival sac
- Standard* intraocular pressure measurement
- Standard* stereoscopic vision examination
- Lacrimal duct irrigation (refers to: Patients over 18 years of age)

Outpatient orthopaedic procedures:

- Adjustment of small orthopaedic devices — small joints
- Reposition of a dislocation or fracture
- Preparation: traditional cast – tape
- Intra-articular injection and peri-articular injection
- Intra-articular puncture – taking sample material for examination

- Plaster cast application
- Lower limb plaster cast removal
- Upper limb plaster cast removal
- Intra-articular and peri-articular block;
- Placement/change/removal - small dressing

- Adjustment of small orthopaedic devices – big joints
- Dessault type immobilisation (small/large)
- Placement of a jacket type traditional plaster cast

Outpatient dermatological procedures (do not include lesions removed due to aesthetic, plastic indications):

- Standard* dermatoscopy
- Dermatological procedure – PUVA lamp
- Dermatological procedure – cutting and coagulation of skin fibromas
- Aesthetic cryotherapy dermatological procedure 1 to 6 lesions

- Aesthetic electrotherapy dermatological procedure 1 to 6 lesions
- Aesthetic cryotherapy dermatological procedure 7 lesions and more

- Aesthetic electrotherapy dermatological procedure 7 lesions and more
- Dermatological procedure – curettage/destruction of skin lesion

Outpatient gynaecological procedures:

- Standard* sample collection for Pap smear
- Removal of an intrauterine contraceptive device

- Insertion of an intrauterine contraceptive device

- Cervical and vulvar procedures by cryocoagulation

Outpatient allergological procedures:

- Desensitisation with allergist consultation

Anaesthesia

- Local (infiltration or permeation) anaesthesia
- Simple anaesthesia for colonoscopy

- Simple anaesthesia for gastroscopy

- Local (topical) anesthesia for endoscopy

Biopsy with standard histopathological examination – fine-needle biopsy material / core-needle biopsy material:

- Fine-needle biopsy – skin / subcutaneous tissue
- Fine-needle biopsy – breast

- Fine-needle biopsy – thyroid gland
- Fine-needle biopsy – lymph nodes

- Core biopsy of the prostate under ultrasonographic guidance

Other

- Foley catheter removal
- Performing an enema
- Foley catheter application

- Removal of a polyp up to 1 cm during colonoscopy

- Removal of a polyp up to 1 cm during gastroscopy

Note:

Medical materials and products, such as: traditional and synthetic plaster cast, dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, surgical sutures and threads, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.

Influenza and tetanus vaccinations

As part of infectious disease prevention, the service includes vaccinations against seasonal flu and administer tetanus anatoxin (anti-tetanus anatoxin).

The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection)

Flue vaccinations are performed in outpatient Medical Facilities indicated by LUX MED. LUX MED may also arrange vaccination against seasonal influenza in a place indicated by the Insuring Party – for groups over 30 persons.

Additional recommended preventive vaccinations

The service is available within the additional prophylaxis of infectious diseases in outpatient Medical Facilities indicated by LUX MED, following referral issued by a physician of the abovementioned Clinic. The service covers the following vaccinations (this also refers to combination vaccines) against:

- Tick-borne encephalitis
- Hepatitis A and B
- Hepatitis A
- Rubella, mumps, measles

The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection)

Laboratory test panel (no referral needed)

The service is only available for the Patient over 18 years of age and is provided only in outpatient Medical Facilities indicated by LUX MED. The service includes a one-time performance of a panel of laboratory tests, composed of the following items, without a referral from a physician (within 12 months of the term of the agreement):

- Urine – general analysis
- Total cholesterol
- Blood count + platelet count + automated smear
- Fasting glucose
- Standard Pap smear (available for Patients over 16 years of age)

Laboratory and imaging diagnostics – option IV

This includes the following laboratory, imaging and functional diagnostic tests performed in outpatient Medical Facilities indicated by LUX MED. The number of performed tests is unlimited. All diagnostic tests and examinations available within the service are performed following referrals issued by physicians from outpatient Medical Facilities indicated by LUX MED, only based on medical indications as part of a diagnostic and therapeutic process conducted in these Medical Facilities.

Laboratory diagnostics:

Haematology and coagulology tests with taking test samples (blood):

- Absolute eosinophil count
- Platelets
- Blood count + platelet count + automated smear
- INR / Prothrombin time
- ESR
- Thrombin time – TT
- Manual blood smear
- D – dimers
- APTT
- Fibrinogen
- S protein free
- Antithrombin III
- C protein activity
- Factor V Leiden – PCR method

Biochemical and hormonal tests, tumour marker tests with taking test samples (blood):

- CRP quantitative
- Glucose tolerance test (4 points, 75 g, 0, 1, 2, 3 h)
- GPT/ALT transaminase
- Fasting glucose
- GOT/AST transaminase
- Glucose 120'/120' after a meal
- Amylase
- Glucose 60'/60' after a meal
- Albumins
- Glucose 75 g, 4-hour glucose challenge test
- Total protein
- Glucose 75 g, 5-hour glucose challenge test
- PAPP – a protein
- Creatinine
- Total bilirubin
- Uric acid
- Direct bilirubin
- Lipid profile (CHOL, HDL, LDL, TG)
- Chlorides (Cl)
- Magnesium (Mg)
- Cholesterol
- Urea/blood urea nitrogen, BUN
- HDL cholesterol
- Potassium (K)
- LDL cholesterol
- Protein profile
- Directly measured LDL cholesterol
- Sodium (Na)
- CK (creatin kinase)
- Triglycerides
- LDH – Lactate dehydrogenase
- Calcium (Ca)
- Alkaline phosphatase
- Iron (Fe)
- Acid phosphatase
- Immunoglobulin IgE (total IgE)
- Phosphorus (P)
- GGT
- Ferritin
- Caeruloplasmin
- Transferrin
- Thyroglobulin

- Apolipoprotein A1
- Lipase
- 17 – OH Progesterone
- Aldosterone
- Copper
- Cortisol in the afternoon
- Cortisol in the morning
- Prolactin 120' after administration of MCP
1 tablet
- Prolactin 30' after administration of MCP
1 tablet
- Prolactin 60' after administration of MCP
1 tablet
- Prolactin
- TSH / hTSH
- Estradiol
- FSH
- Free T3
- Free T4
- Total Beta-hCG
- LH
- Progesterone
- Testosterone
- Free testosterone
- AFP – alpha-fetoprotein
- Free PSA
- Total PSA
- CEA – carcinoembryonic antigen
- CA 125
- CA 15.3 – breast cancer antigen
- CA 19.9 – digestive cancer antigen
- CA 72-4 – colon tumour marker
- Alpha-1 – antitrypsin
- Alpha-1 acid glycoprotein (Orosomucoïd)
- Androstendione
- β 2 microglobulin
- Caeruloplasmin
- Cholinesterase
- Blood-cell cholinesterase / Blood-cell acetylcholinesterase
- CA 21-1 – lung tumour marker
- Zinc
- Dehydroepiandrosterone (DHEA)
- DHEA – S
- Zinc protoporphyrin (ZnPP)
- Erythropetin
- Free estriol
- Prostatic acid phosphatase
- Alkaline phosphatase – bone fraction
- Gastrin
- Haptoglobin
- Hb A1c – Glycated haemoglobin
- Homocysteine
- Adrenocorticotrophic hormone (ACTH)
- Growth hormone (GH)
- IGF – BP 3
- Insulin / Insulin 120'
- Insulin / Insulin 60'
- Fasting insulin
- Insulin – 1 hour after 75 g glucose ingestion
- Insulin – 2 hours after 75 g glucose ingestion
- Insulin – 3 hours after 75 g glucose ingestion
- Insulin – 4 hours after 75 g glucose ingestion
- Insulin – 5 hours after 75 g glucose ingestion
- CK – MB activity
- CK – MB mass
- BNP
- NT pro – BNP
- Calcitonin
- Creatinine clearance
- Myoglobin
- Osteocalcin (bone formation marker)
- Parathyroid hormone
- C-peptide
- Occult iron binding capacity (UIBC)
- Vitamin D3 – 1,25 (OH)2 metabolite
- Vitamin D3 – 25-OH metabolite
- Total T3
- Total T4
- Somatomedin – (IGF – 1)
- PSA panel (PSA, FPSA, FPSA / PSA index)
- Reticulocytes
- SCC – squamous cell carcinoma antigen
- SHBG
- Kappa light chains in serum
- Lambda light chains in serum
- NSE – Neuro-specific enolase
- Cystatin C
- Macroprolactin
- Renin activity of plasma
- ACE
- Leptin
- TPS
- S100
- BRCA1, method: PCR
- Apo A1
- Aldolase

Serology tests and infection diagnostics with taking test samples (blood):

- Basic syphilis serology (VDRL or USR or anti-TP), formerly WR
- ASO quantitative
- ASO qualitative
- RF – Rheumatoid Factor – quantitative
- Waaler-Rose test
- BTA test
- Blood group (AB0), Rh factor and antibody screening
- Immune antibody screening / alloantibodies (replaces anti-Rh +/- antibodies)
- HBs Ag/antigen
- A-microsomal/anti-TPO antibodies
- Antithyroglobulin / anti-TG antibodies
- CMV antibodies IgG
- CMV antibodies IgM
- HBs Ab/antibodies;
- HCV Ab/antibodies
- Helicobacter pylori IgG, quantitative;
- HIV-1/HIV-2
- EBV/mononucleosis – latex
- EBV / mononucleosis IgG
- EBV / mononucleosis IgM
- Rubella IgG
- Rubella IgM
- Toxoplasma IgG
- Toxoplasma IgM
- Chlamydia trachomatis IgA antibodies
- Chlamydia trachomatis IgG antibodies
- Chlamydia trachomatis IgM antibodies
- HBc Ab IgM
- C1 – inhibitor
- C1 – inhibitor (activity)
- Complement component 3 (C3)
- Complement component 4 (C4)
- Anti-HAV – IgM
- Anti-HAV – total
- Lupus anticoagulant
- Echinococcosis (Echinococcus granulosus) IgG

- *Borelia burgdorferii*, method: Qualitative PCR
- Borreliosis (Lyme disease) IgG
- Borreliosis IgG Western-blot method (confirmatory test)
- Borreliosis (Lyme disease) IgM
- Borreliosis IgM Western-blot method (confirmatory test)
- Brucellosis – IgG
- Brucellosis – IgM
- *Ascaris lumbricoides* (ASCARIS) IGG
- Cytomegalovirus (CMV), method: Qualitative PCR
- Cytomegaly – IgG avidity test
- HBc Ab total
- HBe Ab
- Hbe Ag
- HBV, method: Quantitative PCR
- HBV, method: Qualitative PCR
- HCV, method: Quantitative PCR
- HCV, method: Qualitative PCR
- HPV (Human papillomavirus), method: Qualitative PCR – swab
- HSV / Herpes 1 and 2 – IgG – qualitative
- HSV / Herpes 1 and 2 – IgM – qualitative
- hsCRP
- *Mycoplasma pneumoniae* – IgG
- *Mycoplasma pneumoniae* – IgM
- FTA test
- TPHA test
- Measles – IgG
- Measles – IgM
- Varicella IgG
- Varicella IgM
- HLA B27 antigen assay
- Anti-neutrophil cytoplasmic antigen antibody ANCA (pANCA and cANCA), method: IIF
- Antibodies against striated muscles and cardiac muscle (myasthenia gravis), method: IIF
- Anti-nucleosome antibodies (ANuA) (IMMUNOBLOT)
- Anticardiolipin antibodies – IgG
- Anticardiolipin antibodies – IgM
- Anticardiolipin antibodies – IgG and IgM
- Anti-liver kidney microsomal antibodies (Anti-LKM), method: IIF
- Anti-tGT (anti-tissue transglutaminase) IgA antibodies, method: ELISA
- Anti-tGT (anti-tissue transglutaminase) IgG antibodies, method: ELISA
- Anti-beta-2-glicoprotein I IGG antibodies
- Anti-beta-2-glicoprotein I IGM antibodies
- Anti-beta-2-glicoprotein IgG and IgM antibodies (total)
- Anti-CCP antibodies
- IgA antibodies to endomysium and gliadin (total), method: IIF
- IgG antibodies to endomysium and gliadin (total), method: IIF
- IgA and IgG antibodies to endomysium and gliadin (total), method: IIF
- Anti-phosphatidylinositol IgG antibodies
- Anti-phosphatidylinositol IgM antibodies
- Antibodies to adrenal cortex
- Anti-prothrombin IgG antibodies
- Anti-prothrombin IgM antibodies
- Anti-tGT (anti-tissue transglutaminase) IgG and IgA antibodies, method: ELISA
- Antibodies to pancreatic islets, pancreatic exocrine cells and goblet cells in intestines, method: IIF
- Coxackie antibodies
- *Chlamydia pneumoniae* IgA antibodies
- *Chlamydia pneumoniae* IgG antibodies
- *Chlamydia pneumoniae* IgM antibodies
- Antibodies to Castle's intrinsic factor and anti-parietal cell antibodies (APCA), method: IIF
- Antibodies to double-stranded / native DNA – dsDNA (nDNA)
- Endomysium IgA antibodies – EmA IgA
- Endomysium IgG antibodies – EmA IgG
- Endomysium IgG, IgA antibodies – EmA
- Anti-gliadin IgG and IgA (AGA) antibodies (total), method: IIF
- IgA anti-gliadin antibodies – AGA
- IgG anti-gliadin antibodies – AGA
- Anti-nuclear and anti-cytoplasmic antibodies (ANA1), screening, method: IIF
- Antibodies to myocardial cells (HMA)
- Anti-parietal cell antibodies (APCA), method: IIF
- Anti-smooth muscle antibodies (ASMA)
- Anti-mitochondrial antibodies (AMA)
- Anti-mitochondrial antibodies (AMA) type M2
- *Yersinia enterocolitica* antibodies – IgG
- *Yersinia enterocolitica* antibodies – IgG, IgM, IgA (total)
- *Yersinia enterocolitica* antibodies – IgM
- Liver panel antibodies – (anti-LKM, anti-LSP, anti-SLA), method: IIF
- Full liver panel antibodies (ANA2, AMA, ASMA, anti-LKM, anti-LSP, anti-SLA), method: IIF, DID
- Antibodies to acetylcholine receptors (AChR-Ab)
- Antibodies to TSH receptors (TRAb)
- Anti-nuclear (including histone, Ku, rib-P-Protein) antibodies (ANA3), method: Western blot
- Anti-nuclear and anti-cytoplasmic antibodies (ANA2), method: IIF, DID
- Pertussis – IgA
- Pertussis – IgG
- Pertussis – IgM
- Listeriosis – qualitative
- Parvovirus B19 – IgG and IgM
- PCR HSV – herpes, qualitative
- Pneumocystosis IgG – quantitatively
- Pneumocystosis IgM – quantitatively
- Toxoplasmosis – IgG avidity test
- Toxocariasis IgG (semi-quantitative)
- Mumps – IgG
- Mumps – IgM
- SLE – semi-quantitative
- Syphilis serology – FTA – ABS confirmatory test
- Antibodies to dsDNA method: IIF
- Bile duct antibodies, method: IIF
- Anti-liver cytosol antibodies Type 1 (anti-LC1), method: Western blot
- Anti-reticulin antibodies (ARA) IgA, method: IIF
- Anti-reticulin antibodies (ARA) IgG, method: IIF

- Anti-reticulin antibodies (ARA) IgA and IgG (total), method: IIF
- Anti-phosphatidylserine IgG antibodies
- Anti-phosphatidylserine IgM antibodies
- Antibodies to ovary antigen, method: IIF
- Antibodies against striated muscles, method: IIF
- Anti-glomerular basement membrane (GBM) antibodies and anti-alveolar basement membrane (ABM) antibodies, method: IIF
- Intestinal panel (antibodies to pancreatic exocrine cells and goblet

cells in intestines, ASCA, ANCA), method: IIF

- Anti-Saccharomyces cerevisiae antibodies (ASCA) IgG, method: IIF
- Antibodies to pemphigus and pemphigoid, method: IIF
- Hemochromatosis, method: PCR
- Antibodies to Ascaris lumbricoides, IgG
- Anti-endomysial, anti-reticulin and anti-gliadin antibodies, IgA+IgG
- Anti-endomysial, anti-reticulin and anti-gliadin antibodies, IgG
- Anti-endomysial and anti-reticulin IgA antibodies
- Anti-endomysial and anti-reticulin IgG antibodies

- EBV, method: Quantitative PCR
- EBV, method: Qualitative PCR
- Mycoplasma pneumoniae, method: Qualitative PCR
- Ureaplasma urealyticum, method: Qualitative PCR
- Tick-borne encephalitis IgM antibodies
- Trichinosis, IgG
- Toxoplasma gondii, method: Qualitative PCR
- Glutamic acid decarboxylase (anti-GAD) antibodies
- Tyrosine phosphatase (IA2) antibodies

Urine tests with taking test samples (urine):

- Urine – general analysis
- Vanillylmandelic acid (VMA) in urine
- Urine protein
- Total protein / 24-hour urine collection
- Phosphorus in urine
- Phosphorus in urine / 24-hour urine collection
- Creatinine in urine
- Creatinine – urine / 24-hour urine collection
- Uric acid in urine / 24-hour urine collection
- Uric acid in urine
- Magnesium / Mg in urine
- Magnesium / Mg / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine
- Sodium/Na in urine
- 17 - ketosteroids in 24-hour urine collection

- Sodium/Na in urine / 24-hour urine collection
- Calcium in urine
- Calcium/Ca in urine / 24-hour urine collection
- Delta - aminolevulinic acid (ALA)
- Delta - aminolevulinic acid (ALA) in 24-hour urine collection
- Potassium (K) — urine
- Potassium (K) — urine/ 24-hour urine collection
- Catecholamines (noradrenaline, adrenaline) in 24-hour urine collection
- Cortisol in 24-hour urine collection
- Metoxycatecholamines in 24-hour urine collection
- Lead/Pb in urine
- Albumin in 24-hour urine collection
- Albumin / Albumins
- Aldosterone in 24-hour urine collection
- Amylase in urine
- Bence-Jones protein in urine
- Chlorides / Cl in urine

- Chlorides / Cl in urine / 24-hour urine collection
- Glucose – 24-hour urine collection
- Urine glucose and ketones
- Cadmium in blood
- Coproporphyrines in urine
- 5-Hydroxyindoleacetic acid in 24-hour urine collection (5 – HIAA)
- Hippuric acid in urine / 24-hour urine collection
- Albumin/creatinine ratio in urine (ACR) (former microalbuminuria in urine)
- Mercury/Hg in urine
- Kappa light chains in urine
- Lambda light chains in urine
- Bence-Jones protein in urine
- Oxalates in urine
- 17 – hydroxycorticosteroids in 24-hour urine collection
- Chemical composition of renal calculus
- D-Pyridyls (bone resorption marker)

Bacteriological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Urine culture
- General faeces culture
- Pharyngeal / tonsil swab – aerobic culture
- Oral cavity swab — aerobic culture
- Ear swab – anaerobic culture
- Ear swab – aerobic culture
- Eye swab – aerobic culture
- Nasal swab
- Nasal swab – aerobic culture

- Nasopharyngeal swab – anaerobic culture
- Nasopharyngeal swab – aerobic culture
- Anal and vaginal swab culture for Streptococcus GBS
- Vaginal swab – anaerobic culture
- Vaginal swab – aerobic culture
- Culture for GC (GNC) Vaginal swab

- Wound swab
- Wound swab – anaerobic culture
- Stool culture for SS
- Vaginal microbiological test (vaginal biocenosis)
- Semen culture — aerobic
- Sputum culture
- Endocervical swab
- Endocervical smear – anaerobic culture

- Culture for GC (GNC)
Endocervical swab
- Stool culture for Pathogenic E. Coli in children up to 2 years
- Stool culture for Yersinia enterocolitica
- Urethral swab
- Urethral swab – anaerobic culture
- Culture of human milk from left breast – aerobic
- Culture of human milk from right breast – aerobic
- Abscess content culture
- Abscess content – anaerobic culture
- Urethral swab for GC (GNC) culture
- Left ear seton – aerobic culture
- Right ear seton – aerobic culture
- Breast discharge – aerobic culture
- Foreskin swab – aerobic culture
- Furuncle swab
- Gingival swab – aerobic culture

Faecal tests with taking test samples:

- Stool analysis
- Faeces analysis for parasites, 1 assay
- Faecal occult blood (FOB)

Cytology tests with taking test samples:

- Standard* Pap smear

Mycological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Mycological examination – toenail fungal culture
- Mycological examination – fingernail fungal culture
- Mycological examination – hair fungal culture
- Mycological examination – skin fungal culture
- Mycological examination – skin scraping fungal culture
- Stool culture for yeast-like fungi
- Urine culture for yeast-like fungi
- Sputum culture for yeast-like fungi
- Abscess content culture for yeast-like fungi
- Secretion culture for yeast-like fungi
- Swab culture for yeast-like fungi
- Urethral swab culture for yeast-like fungi
- Pharyngeal / tonsil swab culture for yeast-like fungi
- Endocervical smear, culture for yeast-like fungi

- Tongue swab – aerobic culture
- Laryngeal swab – aerobic culture
- Laryngeal swab for Pneumocystis carini
- Anal swab – aerobic culture
- Anal swab culture for SS
- Ulceration swab – aerobic culture
- Umbilical swab – aerobic culture
- Penile swab – aerobic culture
- Vulvar swab – aerobic culture
- Skin lesion swab – aerobic culture
- Chlamydia pneumoniae antigen, method: IIF swab
- Chlamydia pneumoniae antigen, method: IIF swab – other material
- Chlamydia pneumoniae antigen, method: IIF – Throat swab
- Chlamydia pneumoniae PCR swab
- Chlamydia trachomatis antigen, method: IIF swab – other material

- Faecal analysis for rota- and adenovirus
- Faecal ELISA analysis for lamblia
- Helicobacter pylori – faecal antigen

- Standard* nasal mucosa cytological test

- Nasal swab culture for yeast-like fungi
- Nasopharyngeal swab – culture for yeast-like fungi
- eye swab culture for yeast-like fungi;
- Vaginal swab culture for yeast-like fungi
- Wound smear culture for yeast-like fungi
- Ear swab culture for yeast-like fungi
- Oral swab – culture for yeast-like fungi
- Mycological examination – hand epidermis fungal culture – scrapings
- Mycological examination – foot epidermis fungal culture – scrapings
- Mycological examination – fungal culture – hairy head skin – scraping
- Sement culture for yeast-like fungi

- Chlamydia trachomatis antigen, method: IIF – urethral swab
- Chlamydia trachomatis antigen, method: IIF – Endocervical swab
- Chlamydia trachomatis, method: PCR – qualitative method (vaginal swab, urethral swab or urine)
- Eosilophils in nasal swab
- Mycoplasma hominis and Ureaplasma urealiticum urethral swab
- Mycoplasma hominis and Ureaplasma urealiticum endocervical swab
- Synovial fluid – cytology
- Synovial fluid – general analysis
- Liquid from sinuses – aerobic culture
- Pinworms – anal swab

- Stool analysis Clostridium difficile – GDH antigen and A / B toxin

- Foreskin swab – culture for yeast-like fungi
- Gingival swab culture for yeast-like fungi
- Tongue swab culture for yeast-like fungi
- Laryngeal swab culture for yeast-like fungi
- Anal area swab – culture for fungi
- Ulceration swab – culture for fungi
- Penile swab culture for yeast-like fungi
- Vulvar swab – culture for yeast-like fungi
- Skin lesion swab – culture for fungi

Toxicological tests with taking test samples (blood):

- Digoxin
- Lead
- Carbamazepine
- Valproic acid

Quick strip tests with taking test samples (blood):

- CRP – strip test
- Cholesterol strip test

- Bile acids
- Lithium
- Toxicological test – methemoglobin quantitative

- Glucose meter test
- Troponin – strip test

- Phenytoin, quantitative
- Cyclosporin A, quantitative

- Pharyngeal swab for Streptococcus a. quick test

Diagnostic imaging:

ECG examinations:

- Resting ECG
- Stress test
- Stress test Exercise ECG using an cycloergometer

- Mounting of a standard* Holter ECG monitor (for 24h) in an office
- Mounting Holter ECG monitor with 12 leads (for 24h)

- Mounting Holter RR (for 24h) device in an office

X-ray (medium conforming with the standard applicable in a given clinic):

- Cranial X-ray orbits
- X-ray of orbits + lateral (2 views)
- Cranial X-ray PA + lateral
- Cranial X-ray PA + lateral + base
- Cranial X-ray, base
- Cranial X-ray, semi-axial by Orley
- Cranial X-ray, sella turcica
- Cranial X-ray, tangential
- Cranial X-ray, cranial nerve canals
- Splanchnocranium X-ray
- Abdominal X-ray, other
- Abdominal X-ray, supine
- Abdominal X-ray, erect
- Chest X-ray
- Chest X-ray – X-ray tomography
- Chest X-ray + lateral
- Chest X-ray, lateral with barite
- Chest X-ray, other
- Chest X-ray PA + lateral with barium
- X-ray of chest, thyroid, trachea
- Sacrococcygeal X-ray
- Lateral nasal X-ray
- Lower leg X-ray, AP + lateral
- Lower leg X-ray, AP + bilateral lateral
- Upper leg and lower leg X-ray
- Femoral bone X-ray, AP + left lateral
- Femoral bone X-ray, AP + right, lateral
- Shoulder X-ray, axial
- Shoulder X-ray, bilateral axial
- Shoulder X-ray, AP + lateral
- Shoulder X-ray: AP + bilateral – comparative image
- Shoulder X-ray, AP
- Shoulder X-ray, AP, both – comparative image
- Forearm X-ray, AP + lateral

- Bilateral forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral, bilateral
- X-ray of temporal bones, transorbital
- X-ray of temporal bones by Schuller/Stevens
- Temporal bone pyramid X-ray, transorbital
- Hand X-ray, lateral
- Hand X-ray, PA
- Hand X-ray PA, bilateral
- Finger(s) X-ray, PA + lateral/oblique
- Finger(s) X-ray, PA + lateral/oblique bilateral
- Scaphoid X-ray
- Foot X-ray, AP + lateral/oblique
- Foot X-ray, AP + lateral/oblique, erect
- Foot X-ray, AP + lateral/oblique bilateral
- Foot X-ray, AP + lateral/oblique bilateral, erect
- Foot X-ray, AP (comparative)
- Metatarsal X-ray
- Toe(s) X-ray, AP + lateral/oblique
- Heel X-ray + axial
- Heel X-ray, lateral
- Lumbar X-ray: AP + lateral
- X-ray of lumbar spine, AP + lateral + oblique
- X-ray of lumbar spine, lateral
- X-ray of lumbosacral spine, oblique
- X-ray of lumbosacral spine AP + lateral
- Lumbar functional X-ray
- Thoracic X-ray
- Thoracic X-ray AP + lateral

- Thoracic X-ray, AP + lateral + oblique
- Thoracic X-ray, lateral
- Thoracic X-ray, oblique views
- Cervical X-ray
- Cervical X-ray, AP + lateral
- Cervical X-ray, lateral
- Cervical X-ray, lateral + oblique (3 views)
- Cervical X-ray, oblique views
- Cervical functional X-ray
- Spinal X-ray AP, erect (scoliosis)
- Spinal X-ray AP, erect + lateral (scoliosis)
- Scapular X-ray
- Pelvic and hip joint X-ray
- X-ray of sternum, AP
- X-ray sternum / chest lateral
- Mandibular X-ray
- Paranasal sinus X-ray
- Rib X-ray (unilateral), 2 oblique views
- Wrist X-ray, lateral
- X-ray of both wrists, lateral
- Wrist X-ray, PA + lateral
- Wrist X-ray, PA + bilateral lateral
- Hand X-ray, PA + oblique
- Hand X-ray, PA + oblique, bilateral
- Wrist/hand X-ray, PA + lateral/oblique left
- Wrist/hand X-ray, PA + lateral/oblique right
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- X-ray of both patellae axial
- Bilateral patellar X-ray, axial in 2 positions

- Bilateral patellar X-ray, axial in 3 positions
- X-ray of sacroiliac joints – PA
- X-ray of sacroiliac joints – oblique
- Hip joint X-ray, AP
- Bilateral hip joint X-ray, AP
- Hip joint X-ray, axial
- Knee joint X-ray, AP + lateral
- Knee joint X-ray, AP + bilateral lateral
- Knee joint X-ray, AP + bilateral lateral, erect

Ultrasound examinations:

- Abdominal ultrasound
- Urinary tract ultrasound
- Breast ultrasound
- Thyroid ultrasound
- Transabdominal prostate ultrasound
- Transvaginal gynaecological ultrasound
- Transabdominal gynaecological ultrasound
- Testicular ultrasound
- Salivary gland ultrasound
- Transrectal prostate ultrasound
- Ultrasound / Doppler ultrasound of carotid arteries and vertebral arteries
- Ultrasound / Doppler ultrasound of lower limb arteries
- Ultrasound/Doppler ultrasound of upper limb arteries
- Ultrasound/Doppler ultrasound of lower limb veins
- Ultrasound/Doppler ultrasound of upper limb veins

Endoscopic examinations with endoscopic biopsy specimen sampling:

- Anoscopy
- Gastroscopy (with urease test)
- Rectoscopy

Magnetic resonance imaging with standard contrast agents:

- MR – magnetic resonance of head
- MR – magnetic resonance, angiography head
- MR – magnetic resonance head + angiography
- MR – magnetic resonance, head and pituitary gland
- MR – magnetic resonance, splanchnocranium
- MR – magnetic resonance of abdomen
- MR – magnetic resonance of small pelvis

- Knee joint X-ray, lateral
- Elbow joint X-ray
- Ankle joint X-ray, AP + lateral
- Ankle joint X-ray, AP + lateral bilateral
- Temporomandibular joint functional X-ray
- Urography (with standard contrast agents)
- X-ray of nasopharynx
- Shoulder X-ray (transthoracic)
- Shoulder X-ray, AP + axial

- Ultrasound/Doppler ultrasound of the abdominal aorta and pelvic arteries
- Ultrasound/Doppler ultrasound of hepatic vessels (assessment of hepatic portal circulation)
- Ultrasound/Doppler ultrasound of renal arteries
- Ultrasound/Doppler ultrasound of intracranial arteries
- Hip joints ultrasound – for children
- hip joint ultrasound + orthopaedic consultation (up to 1 year of age)
- Hip joint ultrasound
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- Knee joint ultrasound
- Elbow joint ultrasound
- Ankle joint ultrasound
- Shoulder ultrasound
- Subcutaneous tissue ultrasound (lipomas, fibromas, etc.)
- Post-traumatic muscle haematoma ultrasound

- Sigmoidoscopy
- Colonoscopy

- MR – magnetic resonance of bone pelvis
- MR – magnetic resonance of abdomen and small pelvis;
- MR – magnetic resonance of thorax
- MR – magnetic resonance of lumbar spine
- MR – magnetic resonance of thoracic spine
- MR – magnetic resonance of cervical spine
- MR – magnetic resonance of orbits
- MR – magnetic resonance of sinuses

- Clavicular X-ray
- Large intestine X-ray – rectal enema (with standard contrast agents)
- Chest X-ray – X-ray tomography
- Larynx X-ray – tomography
- X-ray, small intestine passage (with standard contrast agents)
- Esophagus, stomach and duodenum X-ray (with standard contrast agents)
- X-ray teleroadiogram – digital cephalometry

- Lymph node ultrasound
- laryngeal ultrasound;
- Wrist ultrasound
- Ultrasound of ligaments, muscles, small joints
- Ultrasound of metatarsal
- Ultrasound of the plantar aponeurosis
- Finger and metacarpophalangeal joint ultrasound
- Achilles tendon ultrasound
- Urinary tract ultrasound + TRUS
- Trans-fontanelle ultrasound
- Echocardiography – cardiac ultrasound
- Ultrasound of eyeballs and orbits
- Obstetric ultrasound – extended examination (4 D)
- Ultrasound of pleura
- Echocardiography – cardiac ultrasound (foetal)

- Histopathological examination — endoscopy biopsy material
- Laryngological endoscopy

- MR – magnetic resonance of pituitary gland
- MR – magnetic resonance of shoulder joint
- MR – magnetic resonance of elbow joint
- MR – magnetic resonance of knee joint
- MR – magnetic resonance of wrist
- MR – magnetic resonance of ankle joint
- MR – magnetic resonance of hip joint

- MR – magnetic resonance of sacroiliac joints
- MR – magnetic resonance of foot
- MR – magnetic resonance of lower leg
- MR – magnetic resonance of upper leg
- MR – magnetic resonance of forearm
- MR – magnetic resonance of arm
- MR – magnetic resonance of hand
- MR – magnetic resonance of neck
- MR – magnetic resonance – arteriography of lower limb arteries
- MR – magnetic resonance – heart examination with quantitative assessment of systolic function, viability, perfusion at rest and viability assessment

Computer tomography with standard contrast agents:

- CT – computed tomography of head
- CT – computed tomography of facial skeleton
- CT – computed tomography of pituitary gland
- CT – computed tomography of sinuses
- CT – computed tomography of orbits
- CT – computed tomography of temporal bones
- CT – computed tomography of neck
- CT – computed tomography of larynx
- CT – computed tomography of thorax
- CT – low – dose computed tomography of thorax
- CT – computed tomography of thorax (HRCT)
- CT – computed tomography of abdomen
- CT – computed tomography, abdomen (3 phases)
- CT – computed tomography of small pelvis
- CT – computed tomography of abdomen and small pelvis
- CT – computed tomography of bone pelvis
- CT – computed tomography of thorax and abdomen
- CT – computed tomography of thorax, abdomen, small pelvis

- MR – magnetic resonance – Cholangiography MR
- MR – magnetic resonance – Mammography MR
- MR – magnetic resonance – heart morphological examination with quantitative assessment of systolic function and viability assessment
- MR – magnetic resonance – heart examination with quantitative assessment of systolic function
- MR – magnetic resonance – heart examination with quantitative assessment of blood flow
- MR – magnetic resonance, angiography of the great vessels of the chest

- CT – computed tomography of neck, thorax, abdomen, small pelvis
- CT – computed tomography of cervical spine
- CT – computed tomography of thoracic spine
- CT – computed tomography of lumbar spine
- CT – computed tomography, lumbar + sacral spine
- CT – computed tomography of cervical + lumbar spine
- CT – computed tomography of cervical + thoracic spine
- CT – computed tomography of cervical + thoracic + lumbar spine
- CT – computed tomography of thoracic + lumbar spine
- CT – computed tomography of hip joint
- CT – computed tomography of knee joint
- CT – computed tomography of ankle joint
- CT – computed tomography of wrist
- CT – computed tomography of shoulder joint
- CT – computed tomography of elbow joint
- CT – computed tomography of foot
- CT – computed tomography of upper leg
- CT – computed tomography of lower leg

- MR – magnetic resonance, arteriography of renal arteries
- MR – magnetic resonance of abdomen and cholangiography
- MR arthrography of wrist MR – magnetic resonance of adrenal glands
- MR – magnetic resonance of fetus
- MR – magnetic resonance of joint with colorful cartilage imaging
- MR arthrography of shoulder joint
- MR arthrography of knee joint
- MR arthrography of elbow joint
- MR arthrography of ankle joint
- MR – magnetic resonance; Urography

- CT – computed tomography of arm
- CT – computed tomography of forearm
- CT – computed tomography of hand
- CT – computed tomography – Angio of abdominal aorta
- CT – computed tomography – Angio of the head – examination of veins and sinuses of the brain
- CT – computed tomography – Angio of the head – arteries
- CT – computed tomography – Angio of thoracic aorta
- CT – computed tomography – Angio of the abdomen and small pelvis
- CT – computed tomography – Angio of thorax
- CT – computed tomography – Angio of lower limbs
- CT – computed tomography – Angio of upper limb
- CT – computed tomography – Angio of epigastrium
- CT – computed tomography – Angio of lesser pelvis arteries
- CT – computed tomography – Angio of carotid arteries
- CT – computed tomography – Bronchography CT
- CT – computed tomography – Colonography
- CT – computed tomography – coronary vessels – arteries
- CT arthrography of wrist

- CT – arthrography of shoulder joint
- CT arthrography of knee joint
- CT arthrography of elbow joint

EEG examinations:

- Standard* EEG

EMG examinations:

- EMG – electromyography – carpal tunnel syndrome
- EMG – electromyography – quantitative assessment of the muscle
- EMG – electromyography – motor neuron disease / amyotrophic lateral sclerosis (MND / SLA)
- EMG – electromyography – facial nerve

Electroneurographic examinations:

- Electroneurography (ENG) – sensory nerve

Scintigraphy:

- Scintigraphy – bones
- Scintigraphy – kidneys (Renoscintigraphy)

Other diagnostic tests and examinations:

- Spirometry without medication
- Spirometry – diastolic test
- Standard audiometry*
- Standard audiometry – supraliminal audiometry
- Standard audiometry – verbal audiometry
- Tympanometry
- Lumbar spine densitometry (trabecular bone assessment) – screening
- Densitometry femoral collum (cortical bone assessment) – screening
- Uroflowmetric examination
- Colposcopy

- CT arthrography of ankle joint

- Standard* EEG (children)

- EMG – electromyography – non-traumatic nerve injury
- EMG – electromyography – assessment of muscle function at rest
- EMG – electromyography – polyneuropathy/myopathy
- EMG – electromyography – traumatic nerve injury

- Electroneurography (ENG) – motor nerve (long)

- Scintigraphy – heart – exercise
- Scintigraphy – heart – at rest
- Scintigraphy – thyroid gland

- Mammography
- Mammography – targeted image
- Computerised visual field test
- Dark adaptation test
- Pachymetry
- GDX examination
- OCT examination – both eyes
- OCT examination – one eye
- Vibratory perception
- Labyrinth test
- Cold provocation test
- Cold provocation test with skin thermometry and compression test
- Fluorescein angiography
- Anomaloscope test
- ABR – differential diagnostics

- CT – computed tomography of jaw, mandible – dental examination (implantology)

- EMG – electromyography – ischemic (tetany) test
- EMG – electromyography – myasthenia test
- EMG – electromyography – plexus injury

- Electroneurography (ENG) – motor nerve (short sections)

- ABR – latencies
- Impedance audiometry – with tympanometry and stapedial muscle reflex evaluation (IA)
- Audiometric test – Characteristics of tinnitus
- Audiometric test – determination of Uncomfortable Listening Level (UCL)
- Audiometric test – whisper test
- Otoacoustic emission
- Electronystagmography (ENG)
- Tilt Test
- Videonystagmography (VNG)

Note:

As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, CT, MRI and ultrasound diagnostic imaging includes a 2D image with no additional options (including extended genetic ultrasound).

Allergy tests – option III

The service includes allergy skin tests, patch tests or contact tests and blood allergy tests. The tests are ordered by a physician from an outpatient Medical Facility indicated by LUX MED, in the following scope:

- ✓ Allergist consultation – qualification for tests

✓ **Allergy skin tests** – skin prick tests with a product for allergy tests:

- skin allergy tests – 1 spot

- skin allergy tests – food allergy panel

- skin allergy tests – inhaled allergens panel

✓ **Patch/contact tests** – patch tests with a product for allergy tests:

- Patch/contact tests – 1 spot

- Patch/contact tests – cosmetic panel

- patch/contact tests – basic panel

- Patch/contact tests – hairdresser panel

- patch/contact tests – crural ulceration panel

✓ **Allergy blood tests** with taking test samples (blood):

- IGE SP. Acarus Siro D70 (in dust)
- IGE SP. Alternaria Tenuis M6
- IGE SP. Amoxicillin C204
- IGE SP. Aspergillus Fumigatus M3
- IGE SP. Ribwort plantain W9
- IGE SP. Banana F92
- IGE SP. Egg white F1
- IGE SP. Silver birch T3
- IGE SP. Mugwort W6
- IGE SP. Candida Albicans M5
- IGE SP. Onion F48
- IGE SP. Chironimus Plumosus 173
- IGE SP. Weeds – blend: mugwort (W6), stinging nettle (W20), European goldenrod (W12), ribwort plantain (W9), Chenopodium album (W10)
- IGE SP. Cladosporium Herbarum M2
- IGE SP. Chocolate F105
- IGE SP. Cod F3
- IGE SP. Brewer's yeast F403
- IGE SP. Trees – blend: alder (T2), birch (T3), hazel (T4), oak (T7), willow (T12)
- IGE SP. Bean F15
- IGE SP. FP5 – food blend (paediatric): cod (F3), egg white (F1), peanut (F13), cow's milk (F2), soy (F14), wheat flour (F4)
- IGE SP. Human ascaris P1
- IGE SP. Gluten (gliadin) F79
- IGE SP. GP4 – late grass blend: sweet vernal grass (G1), perennial rye grass (G5), timothy grass (G6), common reed grass (G7), rye (G12), yorkshire fog (G13)
- IGE SP. Pea F12
- IGE SP. Pear F94
- IGE SP. Buckwheat F11
- IGE SP. Turkey F284
- IGE SP. Apple F49
- IGE SP. Vesputa wasp venom SP.I3
- IGE SP. Bee venom I1
- IGE SP. European hornet venom I5
- IGE SP. Lamb (mutton) F88
- IGE SP. Whole egg F245

- IGE SP. Barley F6
- IGE SP. Cocoa F93
- IGE SP. Cockroach – German cockroach I6
- IGE SP. Coffee F221
- IGE SP. Casein F78
- IGE SP. Kiwi fruit F84
- IGE SP. Mosquito I71
- IGE SP. Chenopodium album W10
- IGE SP. Dill 277
- IGE SP. Meadow fescue G4
- IGE SP. Orchard grass G3
- IGE SP. Maize F8
- IGE SP. Chicken F83
- IGE SP. Dust – blend (Bencard)
- IGE SP. Latex K82
- IGE SP. Lepidoglyphus destructor D71
- IGE SP. Common hazel T4
- IGE SP. Carrot F31
- Specific IgE – epidermis blend EP1: dog (E5), cat (E1), horse (E3), cow (E4)
- Specific IgE – mould blend MP1: Alternaria tenuis (M6), Penicillium notatum (M1), Cladosporium herbarum (M2), Aspergillus fumigatus (M3), Candida albicans (M5)
- IGE SP. Cow's milk – Beta-lactoglobulin F77
- IGE SP. Cow's milk F2
- IGE SP. Cow's milk – alpha-lactalbumin F76
- IGE SP. Mucor racemosus M4
- IGE SP. Mustard F89
- IGE SP. Hamster epidermis E84
- IGE SP. Rabbit epidermis E82
- IGE SP. Sheep epidermis E81
- IGE SP. Guinea pig epidermis E6
- IGE SP. Pigeon droppings E7
- IGE SP. Cucumber F244
- IGE SP. Alder T2
- IGE SP. Hazelnut F17
- IGE SP. Walnut F256
- IGE SP. Peanut F13

- IGE SP. Oat F7
- IGE SP. Inhalant panel
- IGE SP. Mixed panel
- IGE SP. Food panel
- IGE SP. Penicillium notatum M1
- IGE SP. Black pepper F280
- IGE SP. Feather blend EP71: duck feathers (E86), goose feathers (E70), hen feathers, turkey feathers
- IGE SP. Feathers (goose) E70
- IGE SP. Parsley F86
- IGE SP. Duck feathers E86
- IGE SP. Canary feathers E201
- IGE SP. Budgerigar feathers E78
- IGE SP. Orange F33
- IGE SP. Tomato F25
- IGE SP. Wheat F4
- IGE SP. Rye pollen G12
- IGE SP. Mite Dermathopag Pteronys. D1
- IGE SP. Mite Dermathopag Farinae D2
- IGE SP. Rice F9
- IGE SP. Celery F85
- IGE SP. Cheddar cheese F81
- IGE SP. Horse hair E3
- IGE SP. Cat fur E1
- IGE SP. Dog coat E2
- IGE SP. Soy F14
- IGE SP. Poplar T14
- IGE SP. Grasses – blend GP1 (orchard grass G3, meadow fescue G4, perennial rye grass G5, timothy grass G6, Kentucky bluegrass G8)
- IGE SP. Strawberry F44
- IGE SP. Tuna F40
- IGE SP. Timothy G6
- IGE SP. Tyrophagus putrescentiae
- IGE SP. Pork F26
- IGE SP. Willow T12
- IGE SP. Beef F27
- IGE SP. Potato F35
- IGE SP. Egg yolk F75
- IGE SP. Rye F5
- IGE SP. – blend FP2 – fish, crustacean, seafood: cod (F3),

shrimp (F24), salmon (F41), mussel (F37), tuna (F40)

Note:

As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package.

Pregnancy care

This service includes monitoring of physiological pregnancy by a physician in outpatient Medical Facilities indicated by LUX MED in accordance with the standards of LUX MED and consists of active health counseling in the field of physiology of pregnancy and childbirth

in the following scope:

- Gynaecologist consultation – pregnancy care
- Fasting glucose
- Glucose 75 g, 1-hour glucose challenge test
- Glucose 75 g, 2-hour glucose challenge test
- Blood group (ABO), Rh factor and antibody screening
- Free estradiol
- HBs Ab/antibodies;
- HBs Ag/antigen
- HCV Ab/antibodies
- HIV-1/HIV-2
- Urine – general analysis
- Blood count + platelet count + automated smear
- Immune antibody screening / alloantibodies (replaces anti-Rh +/- antibodies)
- Rubella IgG
- Rubella IgM
- basic syphilis serology (VDRL or USR or anti-TP);
- Standard* Pap smear
- Toxoplasma IgG
- Toxoplasma IgM
- Total Beta-hCG
- Anal and vaginal swab culture for Streptococcus GBS
- Culture for GC (GNC) Vaginal swab
- Culture for GC (GNC) Endocervical swab
- obstetric ultrasound;
- transvaginal obstetric ultrasound;
- Transabdominal gynaecological ultrasound
- Transvaginal gynaecological ultrasound

Note:

The service does not cover molecular biology tests and ultrasound examinations include only a 2D image with no extended genetic ultrasound. Performance of the above range of services is available based on pregnancy care sheet issued to the Patient by outpatient Medical Facility indicated by LUX MED. The above scope of tests and examinations does not limit the possibility of being referred to tests and examinations not covered by the scheme and agreement, but does not include their cost. This pertains also to cases of the Patient's pregnancy and medical indications for test and examinations not included in the above scheme and the scope of the agreement.

Preventive health check – option II

Preventive health check – option I is an annual (available once during a 12-month term of the agreement) health check, depending on the age and sex of the Patient, including an extended range of examinations and consultations for the Patient over 18 years of age.

The health check starts with an internist visit when medical history is taken and referrals for examinations (according to the indications). The health check concludes with an internist consultation, during which the Patient obtains information on their health status and further recommendations.

The scope of the check for women includes:

- ✓ Internist consultation — medical history
- ✓ Gynaecological consultation
- ✓ Cardiological consultation
- ✓ Ophthalmological consultation
- ✓ Dermatological consultation with standard* dermatoscopy
- ✓ Laboratory tests:
 - Urine – general analysis
 - faecal occult blood (FOB);

- Blood count + platelet count + automated smear
 - ESR
 - GPT/ALT transaminase
 - TSH / hTSH
 - ✓ Imaging examinations:
 - Breast ultrasound and Mammography - women, depending on medical indication
 - ✓ Functional examinations:
 - Echocardiography – cardiac ultrasound
 - ✓ Internist consultation — closing consultation
- Creatinine
 - Uric acid
 - Free T4
 - HBs Ag/antigen
 - HCV Ab/antibodies
- PA chest X-ray - depending on medical indications
 - Abdominal ultrasound
 - Thyroid ultrasound
- Resting ECG
- Standard* Pap smear
 - Lipid profile (CHOL, HDL, LDL, TG)
 - Fasting glucose
- Transabdominal gynaecological ultrasound or transvaginal gynaecological ultrasound

The scope of the check for men includes:

- ✓ Internist consultation — medical history
 - ✓ Cardiological consultation
 - ✓ urological consultation;
 - ✓ Ophthalmological consultation
 - ✓ Dermatological consultation with standard* dermatoscopy
 - ✓ Laboratory tests:
 - Urine – general analysis
 - faecal occult blood (FOB);
 - Blood count + platelet count + automated smear
 - ESR
 - GPT/ALT transaminase
 - Imaging examinations:
 - PA chest X-ray - depending on medical indications
 - ✓ Functional examinations:
 - Resting ECG
 - ✓ Internist consultation — closing consultation
- PSA panel (PSA, FPSA, FPSA / PSA index)
 - TSH / hTSH
 - Creatinine
 - Uric acid
 - Free T4
- Transrectal prostate ultrasound
 - Thyroid ultrasound
- Echocardiography – cardiac ultrasound
- HBs Ag/antigen
 - HCV Ab/antibodies
 - Lipid profile (CHOL, HDL, LDL, TG)
 - Fasting glucose
- Testicular ultrasound
 - Abdominal ultrasound

Note:

The service is available in outpatient Medical Facilities indicated by LUX MED. In order to make an appointment for scheme implementation, the Patient should contact using the on-line form available on <https://www.luxmed.pl/strona-glowna/kontakt/infolinia.html>.

Physiotherapy - option III

As part of the Physiotherapy option III service, the Patient is entitled to unlimited access to **consultations with a physical therapist**. The service includes: a medical history interview, a functional examination, the physical therapist's advice and procedures necessary to make a diagnosis, adopting an appropriate therapeutic decision and determining the mode of rehabilitation. The service only includes rehabilitation of the locomotor system and it is provided for the following indications (qualification criteria); i.e. it applies to Patients with:

- orthopaedic traumas
- osteoarthritis
- occupational disorders of the motor organ (confirmed by a relevant medical certificate)
- neurological pain syndromes
- muscle tone disorders (refers to neurokinesiological rehabilitation for children up to 18 years of age)
- postural defects (refers to postural defects rehabilitation for children up to 18 years of age)

The procedures are provided on the basis of referrals from physical therapists or Physicians (specialists in the field of orthopaedics, neurology, neurosurgery, rheumatology, rehabilitation medicine, balneology) from an outpatient Medical Facility indicated by LUX MED, specifying the scope and type of rehabilitation procedures, and includes physiotherapy services available at outpatient Medical Facilities indicated by LUX MED. **The service is unlimited and covers performance of a total of 5 of rehabilitation services (neurokinesiology or postural defects)** within a 12-month term of the agreement. Physiotherapy covers the following range of physiotherapy and kinesitherapy procedures:

- Physical therapy – electrical stimulation of muscle of the lower limb
- Physical therapy – electrical stimulation of muscle of the upper limb
- Physical therapy – phonophoresis lumbar spine
- Physical therapy – phonophoresis thoracic spine
- Physical therapy – phonophoresis cervical spine
- Physical therapy – phonophoresis wrist
- Physical therapy – phonophoresis lower leg
- Physical therapy – phonophoresis forearm
- Physical therapy – phonophoresis arm
- Physical therapy – phonophoresis hand
- Physical therapy – phonophoresis shoulder joint
- Physical therapy – phonophoresis hip joint
- Physical therapy – phonophoresis knee joint
- Physical therapy – phonophoresis elbow joint
- Physical therapy – phonophoresis ankle joint
- Physical therapy – phonophoresis foot
- Physical therapy – phonophoresis upper leg
- Physical therapy – galvanotherapy lumbar spine
- Physical therapy – galvanotherapy thoracic spine
- Physical therapy – galvanotherapy cervical spine
- Physical therapy – galvanisation wrist
- Physical therapy – galvanisation lower leg
- Physical therapy – galvanisation forearm
- Physical therapy – galvanisation arm
- Physical therapy – galvanisation hand
- Physical therapy – galvanisation shoulder joint
- Physical therapy – galvanisation hip joint
- Physical therapy – galvanisation knee joint
- Physical therapy – galvanisation elbow joint
- Physical therapy – galvanisation ankle joint
- Physical therapy – galvanisation foot
- Physical therapy – galvanisation upper leg
- Physical therapy – ionophoresis lumbar spine
- Physical therapy – ionophoresis thoracic spine
- Physical therapy – ionophoresis cervical spine
- Physical therapy – ionophoresis wrist
- Physical therapy – ionophoresis lower leg
- Physical therapy – ionophoresis forearm
- Physical therapy – ionophoresis arm
- Physical therapy – ionophoresis hand
- Physical therapy – ionophoresis shoulder joint
- Physical therapy – ionophoresis hip joint
- Physical therapy – ionophoresis knee joint
- Physical therapy – ionophoresis elbow joint
- Physical therapy – ionophoresis ankle joint
- Physical therapy – ionophoresis foot
- Physical therapy – ionophoresis upper leg
- Physical therapy – local cryotherapy lumbar spine
- Physical therapy – local cryotherapy thoracic spine
- Physical therapy – local cryotherapy cervical spine
- Physical therapy – local cryotherapy wrist
- Physical therapy – local cryotherapy lower leg
- Physical therapy – local cryotherapy forearm
- Physical therapy – local cryotherapy arm
- Physical therapy – local cryotherapy hand
- Physical therapy – local cryotherapy shoulder joint
- Physical therapy – local cryotherapy hip joint
- Physical therapy – local cryotherapy knee joint
- Physical therapy – local cryotherapy elbow joint
- Physical therapy – local cryotherapy ankle joint
- Physical therapy – local cryotherapy foot
- Physical therapy – local cryotherapy upper leg
- Physical therapy – low-energy laser therapy lumbar spine
- Physical therapy – low-energy laser therapy thoracic spine
- Physical therapy – low-energy laser therapy cervical spine
- Physical therapy – low-energy laser therapy wrist
- Physical therapy – low-energy laser therapy lower leg
- Physical therapy – low-energy laser therapy forearm
- Physical therapy – low-energy laser therapy arm

- Physical therapy – low-energy laser therapy hand
- Physical therapy – low-energy laser therapy shoulder joint
- Physical therapy – low-energy laser therapy hip joint
- Physical therapy – low-energy laser therapy knee joint
- Physical therapy – low-energy laser therapy elbow joint
- Physical therapy – low-energy laser therapy ankle joint
- Physical therapy – low-energy laser therapy foot
- Physical therapy – low-energy laser therapy upper leg
- Physical therapy – magnetic field therapy lumbar spine
- Physical therapy – magnetic field therapy thoracic spine
- Physical therapy – magnetic field therapy cervical spine
- Physical therapy – magnetic field therapy wrist
- Physical therapy – magnetic field therapy lower leg
- Physical therapy – magnetic field therapy forearm
- Physical therapy – magnetic field therapy arm
- Physical therapy – magnetic field therapy hand
- Physical therapy – magnetic field therapy shoulder joint
- Physical therapy – magnetic field therapy hip joint
- Physical therapy – magnetic field therapy knee joint
- Physical therapy – magnetic field therapy elbow joint
- Physical therapy – magnetic field therapy ankle joint
- Physical therapy – magnetic field therapy foot
- Physical therapy – magnetic field therapy upper leg
- Physical therapy – diadynamic currents therapy lumbar spine
- Physical therapy – diadynamic currents therapy thoracic spine
- Physical therapy – diadynamic currents therapy cervical spine
- Physical therapy – diadynamic currents therapy wrist

- Physical therapy – diadynamic currents therapy lower leg
- Physical therapy – diadynamic currents therapy forearm
- Physical therapy – diadynamic currents therapy arm
- Physical therapy – diadynamic currents therapy hand
- Physical therapy – diadynamic currents therapy shoulder joint
- Physical therapy – diadynamic currents therapy hip joint
- Physical therapy – diadynamic currents therapy knee joint
- Physical therapy – diadynamic currents therapy elbow joint
- Physical therapy – diadynamic currents therapy ankle joint
- Physical therapy – diadynamic currents therapy foot
- Physical therapy – diadynamic currents therapy upper leg
- Physical therapy – interferential currents therapy lumbar spine
- Physical therapy – interferential currents therapy thoracic spine
- Physical therapy – interferential currents therapy cervical spine
- Physical therapy – interferential currents therapy wrist
- Physical therapy – interferential currents therapy lower leg
- Physical therapy – interferential currents therapy forearm
- Physical therapy – interferential currents therapy arm
- Physical therapy – interferential currents therapy hand
- Physical therapy – interferential currents therapy shoulder joint
- Physical therapy – interferential currents therapy hip joint
- Physical therapy – interferential currents therapy knee joint
- Physical therapy – interferential currents therapy elbow joint
- Physical therapy – interferential currents therapy ankle joint
- Physical therapy – interferential currents therapy foot
- Physical therapy – interferential currents therapy upper leg
- Physical therapy – TENS currents therapy lumbar spine

- Physical therapy – TENS currents therapy thoracic spine
- Physical therapy – TENS currents therapy cervical spine
- Physical therapy – TENS currents therapy wrist
- Physical therapy – TENS currents therapy lower leg
- Physical therapy – TENS currents therapy forearm
- Physical therapy – TENS currents therapy arm
- Physical therapy – TENS currents therapy hand
- Physical therapy – TENS currents therapy shoulder joint
- Physical therapy – TENS currents therapy hip joint
- Physical therapy – TENS currents therapy knee joint
- Physical therapy – TENS currents therapy elbow joint
- Physical therapy – TENS currents therapy ankle joint
- Physical therapy – TENS currents therapy foot
- Physical therapy – TENS currents therapy upper leg
- Physical therapy – ultrasound therapy lumbar spine
- Physical therapy – ultrasound therapy thoracic spine
- Physical therapy – ultrasound therapy cervical spine
- Physical therapy – ultrasound therapy wrist
- Physical therapy – ultrasound therapy lower leg
- Physical therapy – ultrasound therapy forearm
- Physical therapy – ultrasound therapy arm
- Physical therapy – ultrasound therapy hand
- Physical therapy – ultrasound therapy shoulder joint
- Physical therapy – ultrasound therapy hip joint
- Physical therapy – ultrasound therapy knee joint
- Physical therapy – ultrasound therapy elbow joint
- Physical therapy – ultrasound therapy ankle joint

- Physical therapy – ultrasound therapy foot
- Physical therapy – ultrasound therapy upper leg
- Physical therapy – ultrasound (in water)
- Physical therapy – Trabert's current therapy lumbar spine
- Physical therapy – Trabert's current therapy thoracic spine
- Physical therapy – Trabert's current therapy cervical spine
- Physical therapy – Trabert's current therapy wrist
- Physical therapy – Trabert's current therapy lower leg
- Physical therapy – Trabert's current therapy forearm
- Physical therapy – Trabert's current therapy arm
- Physical therapy – Trabert's current therapy hand
- Physical therapy – Trabert's current therapy shoulder joint
- Physical therapy – Trabert's current therapy hip joint
- Physical therapy – Trabert's current therapy knee joint
- Physical therapy – Trabert's current therapy elbow joint
- Physical therapy – Trabert's current therapy ankle joint
- Physical therapy – Trabert's current therapy foot
- Physical therapy – Trabert's current therapy upper leg
- Kinesitherapy – instructional exercises lumbar spine
- Kinesitherapy – instructional exercises thoracic spine
- Kinesitherapy – instructional exercises cervical spine
- Kinesitherapy – instructional exercises wrist
- Kinesitherapy – instructional exercises shank
- Kinesitherapy – instructional exercises forearm
- Kinesitherapy – instructional exercises arm
- Kinesitherapy – instructional exercises hand
- Kinesitherapy – instructional exercises shoulder joint
- Kinesitherapy – instructional exercises hip joint
- Kinesitherapy – instructional exercises knee joint
- Kinesitherapy – instructional exercises elbow joint
- Kinesitherapy – instructional exercises ankle joint
- Kinesitherapy – instructional exercises foot
- Kinesitherapy – instructional exercises thigh
- Kinesitherapy – function-improving exercises lumbar spine
- Kinesitherapy – function-improving exercises thoracic spine
- Kinesitherapy – function-improving exercises cervical spine
- Kinesitherapy – function-improving exercises wrist
- Kinesitherapy – function-improving exercises shank
- Kinesitherapy – function-improving exercises forearm
- Kinesitherapy – function-improving exercises arm
- Kinesitherapy – function-improving exercises hand
- Kinesitherapy – function-improving exercises shoulder joint
- Kinesitherapy – function-improving exercises hip joint
- Kinesitherapy – function-improving exercises knee joint
- Kinesitherapy – function-improving exercises elbow joint
- Kinesitherapy – function-improving exercises ankle joint
- Kinesitherapy – function-improving exercises foot
- Kinesitherapy – function-improving exercises upper leg
- Kinesitherapy – lumbar spine traction
- Kinesitherapy – cervical spine traction
- Myorelaxation therapy – Therapeutic spinal massage
- Individual therapy using neurokinesiology / neurophysiology methods for children
- Kinesitherapy – exercises improving postural defects in children

Note:

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The scope of services does not include the costs of physiotherapy for congenital malformations and their consequences, postural defects, perinatal traumas, chronic connective tissue diseases and their consequences, demyelinating diseases and their consequences; neurodegenerative diseases and their consequences; physiotherapy after: surgical procedures not performed as part of the Agreement on the Provision of Health Services concluded with LUX MED or the LUX MED Group Health Insurance for Companies, coronary events, neurological and cerebrovascular events; urogynaecological physiotherapy, physiotherapy with highly specialist methods (mechanical and neurophysiological methods, osteopathic techniques), as well as diagnostic and functional training services or corrective gymnastics and fitness services. The scope of services does not include aseptic necrosis physiotherapy, physiotherapy of scars/keloid scars or post-burn conditions, or visceral manipulation – internal organ therapy.

Dentistry Option III

Dental emergency

Dental emergency includes, depending on the Medical Facility, coverage or reimbursement of expenses (Reimbursement) up to the maximum limit of 350 PLN per each 12-month Agreement term, of the following performed by dentists services:

- Emergency tooth pulp devitalisation in a deciduous tooth with cavity dressing
- Emergency tooth pulp devitalisation with cavity dressing
- Emergency dental abscess incision, including drainage
- Emergency periapical abscess decompression
- Emergency medicinal dressing on a deciduous tooth
- Emergency medicinal dressing on a permanent tooth
- Emergency extraction of a single-rooted tooth
- Emergency extraction of a single-rooted deciduous tooth
- Emergency extraction of a multi-rooted tooth
- Emergency extraction of a multi-rooted deciduous tooth
- Emergency dry socket irrigation + application of medication
- Emergency extraction of a tooth by intra-alveolar chiseling
- Emergency repositioning and immobilisation of an avulsed tooth
- Emergency dental local infiltration anaesthesia
- Emergency dental local permeation anaesthesia
- Emergency dental intraoral conduction anaesthesia
- Emergency single tooth X-ray

Note:

Dental emergency services are provided exclusively in the sudden onset of an illness or in case of an accident outside the working hours of LUX MED's own facilities. A precondition for obtaining dental emergency services shall be for the patient to notify the need to attend a dental emergency as a result of a sudden onset of an illness or an accident using our Helpline (on 22 33 22 888), and then avail of the services at a medical facility indicated by LUX MED, in line with the instructions provided by the Helpline staff. If the indicated medical facility does not offer cashless services, the patient must cover the costs of the services performed in accordance with the applicable price list, then submit an application for a Reimbursement with attached original invoices or receipts for services provided to the patient. The invoice or receipt should include:

- a) the data of the patient for whom services were provided, for the reimbursement of costs (at least the patient's name, surname, address). In the event that services are provided to a child, the invoice should be issued for the actual carer or legal guardian of the child, and the invoice should include the data of the child for whom the services were performed;
- b) a list of services performed for the patient (indicated in the content of the invoice) or an attached specification issued by the medical facility providing the services, indicating the name of the service, or a copy of medical records related to the specific service provided;
- c) the number of a specific type of services provided;
- d) service performance date;
- e) service unit price.

If, following the service cost reimbursement under the LUX MED Reimbursement procedure, LUX MED obtains evidence that the Reimbursement was made upon information, invoices or receipts that are inaccurate given the actual situation indicated in the Application or attached documents (e.g. if the patient submits invoices or receipts for services performed for third parties with the Application), LUX MED shall have the right to claim reimbursement of the amounts paid to the Patient with interest calculated from the date of disbursement of funds under the Reimbursement procedure.

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Payment by way of Reimbursement shall be made on the basis of the Refund Application filed by the patient along with accompanying original invoices or receipts and other required documents, submitted within 3 months from the date of the service.

LUX MED shall reimburse the costs to the bank account number indicated in the Application Form within 30 days from the date of delivery of the complete Application Form.

The Reimbursement Application Form is available at www.luxmed.pl

Dental prophylaxis

Dental prophylaxis is a dental examination that involves assessment of the state of dentition and oral hygiene performed once during a 12-month Agreement term in outpatient Medical Facilities indicated by LUX MED by a Physician specialising in conservative dentistry, and oral hygiene procedures performed by a dental hygienist, and includes the following services:

- Dental consultation
- Dental fluoride treatment (Fluor Protector) 1 dental arch
- Dental fluoride treatment (Fluor Protector) 1/2 of dental arch
- Dental fluoride treatment (Fluor Protector) 2 dental arches
- Instructions on oral hygiene
- Tooth polishing
- Periodontal scaling – complementary
- Periodontal scaling from 1 dental arch
- Periodontal scaling from all teeth
- Deposit removal — sandblasting
- Prophylactic fissure sealing – 1 tooth
- Individual fluoride treatment, topical

Anaesthesia

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Dental anaesthesia with a WAND device
- Dental local infiltration anaesthesia
- Dental local permeation anaesthesia
- Dental intraoral conduction anaesthesia

Conservative dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services including materials:

- Specialist consultation — conservative dentistry
- Tooth cavity filling 1 surface with regular light-cured material
- Tooth cavity filling 2 surfaces with regular light-cured material
- Tooth cavity filling 3 surfaces with regular light-cured material
- Restoration of damaged incisal angle with regular light-cured material
- Filling – glass ionomer
- Examination of tooth vitality
- Circumpulpar pin inlay
- Cosmetic covering of enamel hypoplasia – composite veneer
- Cosmetic covering of discoloured dentine in anterior teeth – composite veneer
- Treatment of changes of the oral mucosa
- Medicinal dressing on a permanent tooth
- Periodontal pocket irrigation
- Periodontal pocket irrigation and drug application
- Cauterisation of interdental papilla

Paedodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services including materials:

- Dental consultation – paedodontal
- Deciduous tooth cavity filling 1 surface
- Deciduous tooth cavity filling 1 surface, therapeutic
- Deciduous tooth cavity filling 2 surfaces
- Deciduous tooth cavity filling 2 surfaces, therapeutic
- Deciduous tooth cavity filling 3 surfaces
- Deciduous tooth cavity filling 3 surfaces, therapeutic
- Adaptation visit (children) – dentistry
- Medicinal dressing on a deciduous tooth
- Dentine impregnation – per tooth
- Amputation of devitalised deciduous tooth pulp
- Endodontic treatment of a deciduous tooth
- Treatment of pulp necrosis in a deciduous tooth
- Vital pulp amputation in a tooth with unformed root
- Tooth pulp devitalisation in a deciduous tooth with cavity dressing

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Dental surgery

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation – dental surgery
- Dental abscess incision – including drainage
- Apicoectomy of a posterior tooth
- Apicoectomy of a posterior tooth, with retrograde root canal filling
- Apicoectomy of an anterior tooth
- Apicoectomy of an anterior tooth, with retrograde root canal filling
- Single-rooted tooth extraction
- Single-rooted deciduous tooth extraction
- Extraction of a tooth by intra-alveolar chiselling
- Extraction of a tooth by extra-alveolar chiselling with formation of a mucoperiosteal flap
- Multi-rooted tooth extraction
- Multi-rooted deciduous tooth extraction
- Excision of a gingival flap within 1 tooth
- Excision of nodule, nodule-like lesion, mucocele – dentistry
- Surgical dressing – dentistry
- Dry socket irrigation + application of medication
- Sampling of a biopsy specimen in the oral cavity
- Frenuloplasty, meloplasty, glossoplasty – dentistry
- Enucleation of odontogenic cyst
- Surgical tooth extraction – surgically complex
- Surgical exposure of an impacted tooth
- Surgical exposure of an impacted tooth with bracket attachment
- Surgical extraction of a partially impacted tooth
- Repositioning and immobilisation of an avulsed tooth

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Tooth reimplantation
- Alveoloplasty within a half of maxilla – preparation for prosthetic restoration
- Alveoloplasty with a transplant – excluding cost of material
- Repositioning and immobilisation of a fractured alveolar process
- Removal of salivary duct calculus – dentistry
- Closure of oroantral communication or fistula
- Temporary management of fractured maxilla
- Repositioning and immobilisation of an avulsed mandible
- Maxillary sinus 1 augmentation
- Maxillary sinus 2 augmentation
- Maxillary sinus 3 augmentation
- Connective tissue transplant from a palate – sampling
- Connective tissue transplant from a palate – sampling
- Inferior alveolar nerve transposition
- Bone augmentation 1
- Bone augmentation 2
- Bone augmentation 3
- Emdogain and Endobon implantation procedure
- Flap procedure with augmentation with Endobon preparation
- Flap procedure with augmentation with Endobon preparation and Osseoguard membrane
- Flap procedure with augmentation using Endobon and Emdogain
- Alveolar regeneration / augmentation following extraction using biomaterial
- Stitching a lip wound
- Surgical removal of tooth buds
- Alveolar regeneration / augmentation following extraction using collagen cones
- Autogenic bone transplant to 3 alveoli
- Replenishment of the alveolus with bone replacement material, excluding cost of material
- Application of platelet-rich fibrin (PRF) in dentistry
- Membrane plus application
- Connective tissue replacement membrane plus application
- Collagen membrane plus application
- i-GEN membrane or titanium mesh plus application
- i-Gen membrane removal

Endodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation – conservative dentistry
- Tooth pulp devitalisation with cavity dressing
- Chemical and mechanical root canal preparation
- Root canal opening
- Root canal filling
- Crown-root inlay removal

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Removal of a fractured tool from the canal under a surgical microscope
- Crown-root inlay removal under a surgical microscope
- Endodontal treatment of an incisor or a canine under a surgical microscope stage I

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- Endodontal treatment of an incisor or a canine under a surgical microscope stage II
- Endodontal treatment of a premolar under a surgical microscope stage I

- Endodontal treatment of a premolar under a surgical microscope stage II
- Endodontal treatment of a molar under a surgical microscope stage I
- Endodontal treatment of a molar under a surgical microscope stage II

- Specialised assessment of tissue under a surgical microscope
- Interventional appointment during endodontic treatment

Prosthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist prosthetic consultation

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Full denture with metal palate
- Malocclusion correction
- Models for diagnostic or planning purposes – doctor
- Crown-root inlay cast metal
- Crown-root inlay cast metal combined
- Crown-root inlay made of gold
- Crown-root inlay made of gold combined
- Metal, ceramic, glass fibre crown-root inlay – standard
- Provisional crown using indirect method
- All-metal cast crown
- All-gold cast crown, premolar
- Porcelain crown on metal without margin
- Porcelain crown on gold, premolar
- Porcelain veneer
- Composite crown ONLAY INLAY OVERLAY
- Galvanised telescopic crown, gold
- Latch / bolt / retainer point in frame denture
- Replacement of Rhein inlay – 1 element
- Partial denture supporting 1–4 missing teeth
- Full maxillary denture
- Full mandibular denture
- Frame denture with latches without latch cost
- Frame denture
- Overdenture on gold latch
- Denture repair – 1 element
- Direct denture lining
- Indirect denture lining
- Removal of a prosthetic crown – 1 element
- Partial denture supporting 5–8 missing teeth
- Partial denture supporting more than 8 teeth
- Porcelain crown on gold, molar
- Porcelain crown on gold, anterior tooth
- All-gold cast crown, molar
- All-gold cast crown, anterior tooth
- Porcelain crown ONLAY INLAY OVERLAY
- Cementation of a prosthetic crown
- Cementation of a bridge
- Partial denture – 1 point
- Occlusion alignment using articulator
- Functional impression using individual tray
- All-ceramic crown-root inlay
- Crown-root inlay cast metal Stage I
- Crown-root inlay cast metal Stage II
- Crown-root inlay cast metal combined Stage I
- Crown-root inlay cast metal combined Stage II
- Crown-root inlay made of gold Stage I
- Crown-root inlay made of gold Stage II
- Crown-root inlay made of gold combined Stage I
- Crown-root inlay made of gold combined Stage II
- All-metal cast crown Stage I
- All-metal cast crown Stage II
- All-gold cast crown, premolar Stage I
- All-gold cast crown, premolar Stage II
- All-gold cast crown, molar Stage I
- All-gold cast crown, molar Stage II
- All-gold cast crown, anterior tooth Stage I
- All-gold cast crown, anterior tooth Stage II
- Porcelain crown on metal without margin, Stage I
- Porcelain crown on metal without margin, Stage II
- Porcelain crown on galvanised metal Stage I
- Porcelain crown on galvanised metal Stage II
- Porcelain crown on gold premolar tooth Stage I
- Porcelain crown on gold premolar tooth Stage II
- Porcelain crown on gold molar tooth Stage I
- Porcelain crown on gold molar tooth Stage II
- Porcelain crown on gold, anterior tooth Stage I
- Porcelain crown on gold, anterior tooth Stage II
- Porcelain veneer Stage I
- Porcelain veneer Stage II
- Porcelain crown ONLAY INLAY OVERLAY Stage I
- Porcelain crown ONLAY INLAY OVERLAY Stage II
- Galvanised telescopic crown, gold Stage I
- Galvanised telescopic crown, gold Stage II

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- Latch / bolt / retainer point in frame denture Stage I
- Latch / bolt / retainer point in frame denture Stage II
- Partial denture supporting 1–4 missing teeth Stage I
- Partial denture supporting 1–4 missing teeth Stage II
- Partial denture supporting 5–8 missing teeth Stage I
- Partial denture supporting 5–8 missing teeth Stage II
- Partial denture supporting more than 8 teeth Stage I
- Partial denture supporting more than 8 teeth Stage II
- Full maxillary denture Stage I
- Full maxillary denture Stage II
- Full mandibular denture Stage I
- Full mandibular denture Stage II
- Frame denture with latches without latch cost Stage I
- Frame denture with latches without latch cost Stage II
- Frame denture Stage I
- Frame denture Stage II
- WAX UP
- WAX UP INTERDENT
- All-ceramic crown-root inlay Stage I
- All-ceramic crown-root inlay Stage II
- Adhesive bridge – 1 point
- Porcelain crown on zirconia using CAD/CAM Lava Everest method
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage I
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage II
- Rhein latch – 1 element
- Bredent latch – 1 element
- Porcelain crown on metal with a ceramic margin
- Porcelain crown on metal with a ceramic margin Stage I
- Porcelain crown on metal with a ceramic margin Stage II
- Metal telescopic crown
- Metal telescopic crown Stage I
- Metal telescopic crown Stage II
- Porcelain veneer posterior
- Porcelain veneer posterior Stage I
- Porcelain veneer posterior Stage II
- Overdenture on gold latch Stage I
- Overdenture on gold latch Stage II
- Gracia gingival mask
- Gracia gingival mask Stage I
- Gracia gingival mask Stage II
- Wax teeth control and correction
- Frame denture metal control and correction
- Splint denture
- Metal crown ONLAY INLAY OVERLAY
- Gold crown inlay
- Spherical inlays
- Protective splint sport
- Protective splint sport colour
- Silver-palladium crown-root inlay Stage I
- Silver-palladium crown-root inlay Stage II
- Silver-palladium crown-root inlay Stage I
- Silver-palladium crown-root inlay Stage II
- Silver-palladium crown-root inlay combined
- Silver-palladium crown-root inlay combined Stage I
- Silver-palladium crown-root inlay combined Stage II
- Models for diagnostic or planning purposes – doctor
- Reinforcement of a denture with an arch
- Reinforcement of a denture with a steel mesh
- Reinforcement of a denture with a gold-plated mesh
- Overdenture on telescopic crowns Stage I
- Overdenture on telescopic crowns Stage II
- ASC bracket
- Face-bow examination and placement in articulator
- Acrylic microdenture
- 1 arch MOCK UP
- 1 point MOCK UP
- Visualisation of prosthodontic treatment on a model
- Teflon replacement
- All-composite crown
- Composite crown on glass fibre
- All-porcelain crown on zirconia
- All-porcelain crown on zirconia Stage I
- All-porcelain crown on zirconia Stage II
- All-porcelain crown
- All-porcelain crown Stage I
- All-porcelain crown Stage II
- Maryland missing tooth restoration – acrylic
- Maryland missing tooth restoration – composite

Orthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Orthodontist's consultation

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Wide-arch braces Bi-helix, Quad – helix
- Block braces with modification
- Derichsweiler apparatus
- Removable braces
- Fixed braces – closed metal 1 arch
- Stochfisch braces
- One brace of metal, transparent braces
- One brace of metal, fixed braces
- Lip-bumper
- Braces repair, arch wire replacement
- Braces repair, 1 screw replacement
- Braces repair, 2 screws replacement
- Braces repair, plate breakage

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- Braces repair, addition of a wire element
- Nance plate
- Vestibular plate
- Chin cap
- Palatal expander
- NiTi palatal expander
- Retainer 1
- Retainer 2
- Retainer 3
- Orthodontist consultation in the course of treatment with removable braces
- Orthodontist consultation in the course of treatment with fixed braces
- Headgear
- Removal of fixed braces
- Visit with a chin cap
- Visit with cusp grinding
- Occlusal analysis and treatment plan development
- Block braces
- One wire arch of fixed braces porcelain brackets
- One wire arch of fixed metal braces
- Orthodontist's consultation with an impression
- Braces repair replacement of 1 element
- Braces repair replacement of 2 elements
- Braces repair replacement of 3 elements
- Visit with a vestibular plate
- Follow-up visit in the course of treatment with removable braces
- Follow-up visit in the course of treatment with fixed braces x 1
- Replacement of a metal bracket
- Replacement of a porcelain bracket
- 1/3 segment arch
- 1/2 segment arch
- Follow-up visit – fixed braces, metal brackets
- Follow-up visit – fixed braces, crystal brackets
- One wire arch of fixed braces crystal brackets
- One wire arch of fixed braces metal brackets
- Removable braces – Schwarz plate
- Fixed braces – aesthetic brackets 1 arch
- Hyrax braces
- Pendulum braces
- Fixed braces – aesthetic brackets part of arch 1
- Fixed braces – aesthetic brackets part of arch 2
- Wide-arch braces Bi-helix, Quad – helix Stage I
- Wide-arch braces Bi-helix, Quad – helix Stage II
- Block braces Stage I
- Block braces Stage II
- Removable braces – Schwarz plate Stage I
- Removable braces – Schwarz plate Stage II
- Hyrax braces Stage I
- Hyrax braces Stage II
- One wire arch of fixed brace with crystal brackets Stage I
- One wire arch of fixed brace with crystal brackets Stage II
- One wire arch of fixed braces with metal brackets Stage I
- One wire arch of fixed braces with metal brackets Stage II
- Braces repair
- Pendulum braces Stage I
- Pendulum braces Stage II
- Nance braces
- Retention control
- Stripping – 1 tooth
- Acrylic bite splint
- Headgear application
- Retention plate
- Retention arch application – maxilla
- Retention arch application – mandible
- Removal of retention arch
- Fixed braces – metal, non-ligature brackets 1 arch
- Fixed braces – aesthetic, non-ligature brackets 1 arch
- TWIN-BLOCK braces
- TWIN-BLOCK braces Stage I
- TWIN-BLOCK braces Stage II
- Follow-up visit – fixed braces, porcelain brackets
- Hass braces
- Space maintainer
- Clear aligner impression
- Clear aligner follow-up
- Braces repair, 1 arch wire replacement ceramic brackets
- Braces repair, 2 arch wires replacement ceramic brackets
- Braces repair, 1 arch wire replacement metal brackets
- Braces repair, 2 arch wires replacement metal brackets
- Additional orthodontic element 1
- Additional orthodontic element 2
- Additional orthodontic element 3
- Replacement of an aesthetic bracket
- Vestibular plate – infant trainer
- Fixed braces – aesthetic, non-ligature Damon brackets 1 arch
- Fixed braces – metal, non-ligature Damon brackets 1 arch
- Follow-up visit in the course of treatment with fixed braces with non-ligature Damon brackets – 1 arch
- One wire arch of fixed braces metal and crystal brackets
- One wire arch of fixed braces metal and crystal brackets Stage I
- One wire arch of fixed braces metal and crystal brackets Stage II
- Multi-P braces
- Multifunctional braces Molar rotator
- Expander braces
- TWIN-BLOCK braces with a screw – modified
- TWIN-BLOCK braces with a screw – modified Stage I
- TWIN-BLOCK braces with a screw – modified Stage II
- Herbst hinge
- Herbst hinge Stage I
- Herbst hinge Stage II
- Carriere distalizer
- Guray / OBC wedging
- Fragmentary fixed braces
- Fixed braces – 2D lingual brackets 1 arch
- Replacement of a 2D lingual metal bracket
- Follow-up visit – fixed braces, 2D lingual brackets
- Braces repair, 1 arch wire replacement 2D lingual brackets

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- Braces repair, 2 arch wires replacement 2D lingual brackets
- MALU appliance
- Wide-arch braces – palatal arch
- Wide-arch braces – tongue arch
- Fixed metal braces 2x4
- Orthodontic acrylic splint
- Class II corrector
- One wire arch of fixed braces individual lingual brackets
- One wire arch of fixed braces individual lingual brackets Stage I
- Wire arch replacement individual lingual brackets
- Replacement of an individual lingual bracket
- One wire arch of fixed braces individual lingual brackets Stage II
- System Benefit braces Stage I
- System Benefit braces Stage II
- Flexible orthodontic appliance
- Tooth separation procedure
- Follow-up visit in the course of treatment with fixed partial braces
- Attachment of a metal bracket
- Attachment of a crystal bracket
- Retention arch application
- Fixed aesthetic braces 2x4
- Fixed aesthetic braces 2x4 Stage I
- Fixed aesthetic braces 2x4 Stage II
- One wire arch of fixed braces nickel-free brackets
- One wire arch of fixed braces nickel-free brackets Stage I
- One wire arch of fixed braces nickel-free brackets Stage II
- Retainer arch 1 tooth
- Orthognathic treatment planning
- Plate denture for children
- Plate denture for children Stage I
- Plate denture for children Stage II
- Retainer arch 6 teeth
- Models for diagnostic or planning purposes – orthodontist

Biological dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a **15% discount** off the price list of the facility for the following services:

- Saliva-Check Buffer (GC) test
- Streptococcus mutans saliva concentration using Saliva-Check Mutans (GC)
- Tri Plaque ID Gel (GC) control
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET standard (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET plus (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET deluxe (MIP PHARMA) method
- Tooth decay infiltration – ICON (DMG)
- Minimally invasive tooth decay treatment using glass hybrid technology – EQUIA FORTE
- Application of bioactive dentin substitute – Biodentine (Septodont)
- Bioreconstruction of lost tooth tissue using ACTIVA (Pulpdent)
- Restoration of lost tooth tissue using BPA-free Gaenial
- Local application of MI VARNISH (GC) releasing bioavailable calcium, phosphate and fluoride
- Maintenance treatment using bioavailable calcium, phosphate and fluoride – GC MI Paste Plus
- Enamel remineralisation with a Tooth Mousse preparation

Periodontology

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist periodontal consultation

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Treatment of oral mucosa lesions – ozonotherapy – doctor
- Simple curettage within 1/4 of dental arch
- Open curettage within 1 tooth
- Teeth immobilisation with wire ligature – tooth
- Teeth immobilisation with composite splint – 1 tooth
- Teeth immobilisation with composite splint with additional reinforcements – 1 tooth
- Biomaterial implantation procedure 1
- Emdogain implantation procedure 1 tooth
- Covering exposed teeth roots procedure
- Periodontal dressing
- Treatment of oral mucosa lesions – ozonotherapy – dental hygienist
- Biomaterial implantation procedure 2
- Biomaterial implantation procedure 3
- Emdogain implantation procedure 2 teeth
- Emdogain implantation procedure 3 teeth
- Gingivoplasty within 1 tooth

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The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a **10% discount** off the price list of the facility for the following services:

- Soft dental guard
- Hard dental guard
- NTI dental guard
- Face-bow examination and placement in articulator with an MDI examination

Aesthetic dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a **10% discount** off the price list of the facility for the following services:

- Diastema closure – per tooth
- Tooth whitening using internal method – 1 procedure
- Whitening of group of teeth using external method – 1 dental arch
- Teeth whitening using external method – supplemental set
- Teeth whitening using external method – 1 syringe
- Tooth whitening Smile Laser 1 arch
- Tooth whitening Smile Laser 2 arches
- Tooth whitening Smile Laser supplementation
- Teeth whitening using external method – 1 syringe – dental hygienist
- Teeth whitening using external method – supplemental set – dental hygienist
- Teeth whitening Beyond lamp 1 dental arch
- Teeth whitening Beyond lamp 2 dental arches
- Whitening of group of teeth using external method – 1 dental arch using LED lamp

Dental X-ray (medium conforming with the standard applicable in a given medical facility):

The service includes provision of the following services in outpatient Medical Facilities indicated by LUX MED, based on a referral from a dentist from these facilities, and includes the following services:

- Single tooth X-ray
- Panoramic X-ray

Guarantee

The patient is provided with a 24-month guarantee for final conservative fillings used in permanent teeth. A precondition to obtaining the guarantee is to attend follow-up visits in outpatient Medical Facilities indicated by LUX MED at least once in the 12-month Agreement term or according to an individually agreed schedule, and undergo tartar and deposit removal and fluoride treatment procedures once in the 12-month Agreement term or according to an individually agreed schedule in outpatient Medical Facilities indicated by LUX MED, compliance with dentist's recommendations, maintaining oral hygiene as instructed by the dentist and/or dental hygienist.

Note:

The guarantee does not cover conditions occurring as a result of: non-attendance at follow-up and prophylaxis visits, non-compliance with dentist's recommendations, mechanical injuries, accidents, missing posterior teeth (lack of support zones), pathological dental wear (bruxism) or other functional impairments of the masticatory apparatus, physiological bone atrophy and periodontal lesions, general co-morbidities affecting the stomatognathic system (diabetes, osteoporosis, epilepsy, history of radiotherapy and chemotherapy), or temporary fillings (e.g. provided until a prosthesis is prepared).

The Dentistry Option III service does not cover services provided under general anaesthesia.

Home visits – option II

The service is carried out by an Emergency Physician at the Patient's place of residence if the place of residence is within the current territorial range of home visits, only in medically justified cases where the Patient is unable to get to the outpatient Medical Facility indicated by LUX MED, excluding direct life-threatening situations. Reasons making it impossible for the Patient to report to the clinic do not include, among others: inconvenient access to the outpatient Medical Facility indicated by LUX MED, the need to obtain a prescription or issue a medical certificate for sick leave.

A house call is an emergency service provided solely on the visit request day and aimed at making a diagnosis and starting treatment, whereas treatment continuation and follow-up visits take place in outpatient Medical Facilities indicated by LUX MED. In the case of a home visit, it is impossible to freely choose a physician. A house call request is accepted or refused by a medical dispatcher indicated by LUX MED based on the information provided.

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The current territorial coverage of home visits can be found at www.luxmed.pl. In cities where home visits are not provided, the Patient will be reimbursed. Details of reimbursement can be found on the above website. Reimbursement shall be considered reasonable only after the Patient has been qualified for a home visit by the dispatcher.

Ambulance team intervention in the workplace

The service is available only for the Employees exclusively for sudden onsets of illnesses and accidents. A sudden onset of an illness is a condition of sudden or expected in a short time occurrence of health exacerbation whose immediate consequence may be a serious impairment of bodily functions or body injury or death, which require immediate medical rescue action and treatment. Each time, the decision to send an ambulance is taken by a medical dispatcher (indicated by LUX MED) after a conversation with the Patient or witness of the event.

Depending on the situation, the service may be provided by an intervention team of LUX MED, a partner team or a National Medical Rescue System team. The medical rescue team provides medical assistance at the Principal's – Employer's workplace (the detailed territorial coverage is described on www.luxmed.pl) and if necessary, they transport the Patient to an outpatient Medical Facility indicated by LUX MED, or to the nearest hospital in a life-threatening situation. The service is not an alternative to the services provided under the National Emergency Medical Service System. The service is not limited.

Ambulance team intervention in the place indicated

The service is available to the Patient exclusively for sudden onsets of illnesses and accidents. A sudden onset of an illness covered by the service is a condition of sudden or expected in a short time occurrence of health exacerbation whose immediate consequence may be a serious impairment of bodily functions or body injury or death, which require immediate medical rescue action and treatment. Each time, the decision to send an ambulance is taken by a medical dispatcher (indicated by LUX MED) after a conversation with the Patient or his/her family or a witness of the event. Depending on the circumstances, the service may be provided by an internal intervention team of LUX MED, a cooperating team, or a team of the National Emergency Medical Service System.

The medical rescue team provides medical assistance to the Patient at the site of the event (including at workplace), if it is located within the area, the detailed territorial coverage of which is described on www.luxmed.pl, and if it is necessary to perform examinations, they transport the Patient to an outpatient Medical Facility indicated by LUX MED, or to the nearest hospital in a life-threatening situation. The service is not an alternative to the services provided under the National Emergency Medical Service System. The service is not limited.

Nursing care away from medical centers

The service is offered when the Patient is unable to arrive in an outpatient Medical Facility indicated by LUX MED due to their medical condition, based on recommendation of a physician from the facility. The service is performed by a nurse (a limit of 10 nurse visits within a 12-month term of the agreement) at the place of residence of the Patient and includes procedures that do not require the presence of a physician, in the following scope: performance of a nursing service (injection);

- drawing blood for analysis
- dressing change
- mounting Holter ECG monitor in the Patient's house
- insertion/replacement of Foley catheter.

The service includes: traditional gauze or cotton wool wound dressings, bandages, cannulae, syringes, cotton swabs, adhesive strips, needles, disinfection agents used for the above procedures. Nursing services are available every day, from 8 am to 8 pm. The service is available

within the administrative boundaries of cities and their surrounding areas, the detailed territorial coverage of which is described on www.luxmed.pl.

Medical Transport – option II

The service is available in the event of medical indications to transport the Patient between Medical Facilities or to a Medical Facility from the place of residence of the Patient in the following situations:

- the need for continuity of treatment,
- the need for treatment at a specialized facility.

The service is carried out by means of wheeled sanitary transportation means (free in Poland) and is only elective – it requires reporting to the medical dispatcher indicated by LUX MED at least 24 hours prior to the performance of the service. Medical transport is provided only in situations where there are no medical contraindications and transporting the Patients by means of public or individual transport would endanger his/her health and life. Additionally, this service requires consent of the facility, from which the Patient is going to be taken and consent of the facility to which is going to be taken (confirmation of acceptance). In justified cases, LUX MED may require additional information concerning the transport conditions and limitations related to the state of health of the Patient. The service does

not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended). The service is separate from transport provided as part of the Hospital Module in the Agreement on LUX MED Group Health Insurance for Companies.

10% discount on other services offered by LUX MED and Medycyna Rodzinna

The Patient is entitled to a **10% discount** on medical services, excluding dental services, offered by LUX MED Own Facilities – this applies to LUX MED and Medycyna Rodzinna facilities listed on www.luxmed.pl. The discount is calculated from the price list available in the facility. Discounts may not be combined.

10% discount on medical procedures provided in PROFEMED

The Patient is entitled to a **10% discount** on all medical procedures provided in PROFEMED facilities. The discount is calculated from the price list available in the facility. Discounts may not be combined.

10% discount on medical procedures provided in the LUX MED Hospital

The Patient is entitled to a **10% discount** on all medical procedures provided in the LUX MED Hospital indicated by the Insurer. The discount is calculated from the price list available in the facility. Discounts may not be combined.

10% discount on medical procedures provided in the Carolina Medical Center Hospital

The Patient is entitled to a **10% discount** on all medical procedures offered by Sport Medica SA at Carolina Medical Center (detailed information about the facility is available on www.carolina.pl). The discount is calculated from the price list available in the facility. The discount does not include prices of such medical materials as light cast, implants, orthotics, stabilizers, orthopaedic fixation, sutures of meniscus, and prices of drugs for intra-articular and intravenous injections. Discounts may not be combined.

PLATINUM package availability option

A service consisting in improving access to LUX MED specialists - The availability time for the Platinum Variant is greater than 90%. Under this option, the Patient is entitled to Reimbursement of the costs of services under the conditions specified below.

LUX MED will refund the costs incurred by the Eligible Person in the amount of 100% of the unit price of the health service provided during the Reimbursement Period at a medical facility other than that indicated by LUX MED, to which the Eligible Person is entitled under the Agreement and the Benefitplan, up to the Reimbursement Limit of PLN 500 per quarter. Authorized Person. The refund will be made on the basis of the submitted Application on the form attached as Annex C2 to the Refund Regulations referred to below, together with a complete set of documents.

Detailed terms and conditions of the Refund, requirements for documenting incurred costs and the scope and rules of making refunds are set out in the "Freedom of Treatment" Reimbursement Regulations No. REF/SL/001/2020 constituting attachment C1 to attachment C.