

**Vhi Gender  
Affirmation  
Benefits for Workday**



# Gender Affirmation (GA) Surgery

This guide aims to answer any queries you may have on the benefits available to you as part of your Vhi membership.

If there's anything else you'd like to ask us about your policy and the range of benefits and services available to you on your Workday health insurance plan PMI 06 10, please call the **Vhi - Workday Concierge Line on 056 775 3034.**



# FAQ

## 1. Does Vhi provide cover for GA surgery on PMI 06 10?

Yes, Vhi provides cover for certain medically necessary GA surgeries which are subject to medical criteria.

## 2. How can this cover be accessed?

A Vhi approved mental health professional must deem it medically necessary first. All claims require prior approval so we would advise contacting the Vhi - Workday Concierge Line as a first step.

## 3. Is there a minimum age the person receiving treatment needs to be?

Yes, the person must be 18 years old.

## 4. Is there a waiting period?

As a member of the Workday health insurance plan PMI 06 10, no waiting period applies.

## 5. Can the surgery(s) be carried out in Ireland?

A number of procedures are carried out in Ireland including:

- Mastectomy
- Hysterectomy & Sappingo-Oophorectomy
- Augmentation Mammoplasty
- Penectomy

The below procedures aren't currently performed in Ireland but please contact us to discuss options for treatment abroad and prior approval.

- Clitoroplasty
- Urethroplasty
- Vaginectomy
- Phalloplasty
- Orchidectomy
- Metoidioplasty
- Vaginoplasty
- Testicular Prosthesis
- Labiaplasty
- Scrotoplasty

## 6. Are there any GA surgeries which aren't covered?

Yes, we don't cover the reversal of previous GA surgeries.

# Gender Affirmation (GA) Support

## 1. Outside of surgeries, does Vhi provide cover for anything else GA related?

Yes, your Workday health insurance plan PMI 06 10 also provides access to a GA support package. This includes cover towards:

- Blepharoplasty
- Face lifting/chin implants
- Feminisation/masculinisation of torso
- Reduction thyroid chondroplasty
- Lip reduction
- Hormone Replacement Therapy (HRT)
- Body contouring
- Facial bone reduction
- Hair removal
- Skin re-surfacing
- Rhinoplasty/nose implants

## 2. Are there specific criteria to access this package?

As with GA surgeries, a Vhi approved mental health professional must deem it medically necessary first. All claims require prior approval so we would advise contacting the Vhi - Workday Concierge Line as a first step. There is a minimum age limit of 18 years old here too.

## 3. What cover do I have for the GA Support benefit on PMI 06 10?

Vhi will cover 75% of the costs up to a maximum of €3,000 per lifetime. Call the Vhi - Workday Concierge Line for more information.

## 4. Is there a waiting period?

As a member of the Workday health insurance plan PMI 06 10, no waiting period applies.





For more information, please call the Vhi - Workday Concierge Line on 056 775 3034.