



Vhi

**Gender Affirmation
Benefits**

Gender Affirmation (GA) Surgery

This guide aims to answer any queries you may have on the benefits available to you as part of your Vhi membership.

If there's anything else you'd like to ask us about your policy and the range of benefits and services available to you, please call the Vhi Corporate Advice Line on

056 777 5800

or your **Vhi Corporate Concierge Line.**



FAQ

Does Vhi provide cover for GA surgery?

Yes, Vhi provides cover for certain medically necessary GA surgeries which are subject to medical criteria. This benefit is available on all plans subject to the hospital cover in place.

How can this cover be accessed?

A Vhi approved mental health professional must deem it medically necessary first. All claims require prior approval so we would advise contacting Vhi as a first step.

Is there a minimum age the person receiving treatment needs to be?

Yes, the person must be 18 years old.

Is there a waiting period?

Yes, a 'pre-existing conditions' waiting period applies.



Can the surgery(s) be carried out in Ireland?

A number of procedures are carried out in Ireland including:

- ✦ Mastectomy
- ✦ Hysterectomy & Sappingo-Oophorectomy
- ✦ Augmentation Mammoplasty
- ✦ Penectomy
- ✦ Orchidectomy

The below procedures aren't currently performed in Ireland but please contact us to discuss options for treatment abroad and prior approval.

- ✦ Clitoroplasty
- ✦ Vaginectomy
- ✦ Vaginoplasty
- ✦ Labiaplasty
- ✦ Urethroplasty
- ✦ Phalloplasty
- ✦ Metoidioplasty
- ✦ Testicular Prosthesis
- ✦ Scrotoplasty

Are there any GA surgeries or procedures which aren't covered?

Yes, we don't cover the reversal of previous GA surgeries and some cosmetic procedures.



Gender Affirmation (GA) Support

Outside of surgeries, does Vhi provide cover for anything else GA related?

Yes, your corporate group plan also provides access to a GA support package. This includes cover towards:

- ✦ Blepharoplasty
- ✦ Face lifting/chin implants
- ✦ Feminisation/masculinisation of torso
- ✦ Reduction thyroid chondroplasty
- ✦ Lip reduction
- ✦ Hormone Replacement Therapy (HRT)
- ✦ Body contouring
- ✦ Facial bone reduction
- ✦ Hair removal
- ✦ Skin re-surfacing
- ✦ Rhinoplasty/nose implants

Are there specific criteria to access this package?

As with GA surgeries, a Vhi approved mental health professional must deem it medically necessary first. All claims require prior approval so we would advise contacting Vhi as a first step. There is a minimum age limit of 18 years old here too.



— What cover do I have for the GA Support benefit?

Depending on your plan, Vhi will either cover 50% or 75% of the costs up to a maximum of €3,000 per lifetime. Call us for more detailed information.

— Is there a waiting period?

Yes, this package is subject to a two year upgrade waiting period and a five year pre-existing waiting period.





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Vhi Healthcare DAC trading as Vhi Healthcare is regulated by the Central Bank of Ireland.

Vhi Healthcare is tied to Vhi Insurance DAC for health insurance in Ireland.